



## Native Plants

*Native plants are those that are indigenous to a geographical region and not introduced by humans. Native plants play an important role in the ecosystem. They serve as food sources for animals and insects, create habitats for wildlife, and reduce erosion by stabilizing the soil. Here are some plants native to the eastern United States that we stock. Asterisks (\*) indicate that cultivars of a species are available.*

### Herbaceous Plants

*Actaea pachypoda* \* (White Baneberry)  
*Adiantum pedatum* (Northern Maidenhair Fern)  
*Allium cernuum* (Nodding Onion)  
*Andropogon gerardii* (Big Bluestem)  
*Aquilegia canadensis* \* (Canadian Columbine)  
*Aruncus dioicus* (Goat's beard)  
*Asclepias incarnata* (Swamp Milkweed)  
*Asclepias tuberosa* (Butterfly Weed)  
*Aster divaricatus* (White Wood Aster)  
*Aster novae-angliae* \* (New England Aster)  
*Aster novibelgii* \* (New York Aster)  
*Athyrium filix-femina* \* (Lady Fern)  
*Baptisia australis* \* (False Indigo)  
*Bouteloua gracilis* (Blue Gramma Grass)  
*Carex pensylvanica* (Oak sedge)  
*Chasmanthium latifolium* (Northern Sea Oats)  
*Chelone glabra* (White Turtlehead)  
*Cimicifuga racemosa* (Black Snakeroot)  
*Coreopsis verticillata* \* (Tickseed)  
*Dennstaedtia punctilobula* (Hay-scented Fern)  
*Dicentra eximia* (Fringed Bleedingheart)  
*Dryopteris marginalis* (Eastern Wood Fern)  
*Echinacea purpurea* \* (Purple Coneflower)  
*Eupatorium fistulosum* (Joe Pye Weed)  
*Eupatorium perfoliatum* (Boneset)  
*Eupatorium purpureum* \* (Spotted Joe Pye Weed)  
*Geranium maculatum* (Wild Geranium)  
*Helenium autumnale* (Common sneezeweed)  
*Helianthus divaricatus* (Woodland Sunflower)  
*Heliopsis helianthoides* (False Sunflower)  
*Liatris spicata* \* (Gayfeather)  
*Lobelia cardinalis* (Cardinal Flower)  
*Lobelia siphilitica* (Great Blue Lobelia)  
*Lonicera sempervirens* \* (Trumpet Honeysuckle)  
*Matteuccia struthiopteris* (Ostrich Fern)  
*Mertensia virginica* (Virginia Blue Bells)  
*Monarda didyma* \* (Bee Balm)  
*Monarda fistulosa* (Wild Bergamot)  
*Oenothera fruticosa* (Sundrops)  
*Osmunda cinnamomea* (Cinnamon Fern)  
*Osmunda regalis* (Royal Fern)  
*Panicum virgatum* \* (Switch Grass)  
*Penstemon digitalis* \* (Beardtongue)  
*Phlox paniculata* \* (Garden Phlox)

*Phlox stolonifera* \* (Creeping Phlox)  
*Phlox subulata* \* (Moss Phlox)  
*Physostegia virginiana* \* (Obedient Plant)  
*Polemonium reptans* \* (Jacob's Ladder)  
*Polystichum acrostichoides* (Christmas Fern)  
*Rudbeckia triloba* (Three Lobed Coneflower)  
*Schizachyrium scoparium* (Little Bluestem)  
*Sorghastrum nutans* (Indian Grass)  
*Solidago canadensis* \* (Goldenrod)  
*Tiarella cordifolia* \* (Foamflower)  
*Tradescantia virginiana* \* (Spiderwort)  
*Vernonia glauca* (Upland Ironweed)  
*Vernonia noveboracensis* (New York Ironweed)  
*Veronicastrum virginicum* (Culver's Root)  
*Woodwardia virginica* (Virginia Chainfern)

### Shrubs

*Aesculus parviflora* (Bottlebrush Buckeye)  
*Aronia arbutifolia* \* (Red Chokeberry)  
*Aronia melanocarpa* \* (Black Chokeberry)  
*Clethra alnifolia* \* (Summersweet)  
*Cornus amomum* (Silky Dogwood)  
*Cornus racemosa* (Gray Dogwood)  
*Cornus sericea* \* (Red Osier Dogwood)  
*Fothergilla gardenia* \* (Dwarf Witchalder)  
*Fothergilla major* \* (Mountain Witchalder)  
*Hamamelis virginiana* (Common Witch Hazel)  
*Hydrangea arborescens* \* (Smooth Hydrangea)  
*Hydrangea quercifolia* \* (Oak Leaf Hydrangea)  
*Ilex glabra* \* (Inkberry Holly)  
*Ilex verticillata* \* (Winterberry Holly)  
*Itea virginica* \* (Sweetspire)  
*Kalmia latifolia* \* (Mountain Laurel)  
*Lindera benzoin* (Spicebush)  
*Physocarpus opulifolius* (Ninebark)  
*Rhododendron maximum* (Rosebay Rhododendron)  
*Rhus aromatic* \* (Fragrant Sumac)  
*Sambucus canadensis* \* (Elderberry)  
*Vaccinium angustifolium* \* (Lowbush Blueberry)  
*Vaccinium corymbosum* \* (Highbush Blueberry)  
*Viburnum dentatum* \* (Arrowwood Viburnum)  
*Viburnum trilobum* \* (American Cranberry Viburnum)

## Trees

*Acer negundo* \* (Boxelder)  
*Acer pensylvanicum* (Striped Maple)  
*Acer rubrum* \* (Red Maple)  
*Acer saccharum*\* (Sugar Maple)  
*Amelanchier arborea* (Downy Serviceberry)  
*Amelanchier canadensis* (Shadbush Serviceberry)  
*Amelanchier laevis* (Allegheny Serviceberry)  
*Betula alleghaniensis* (Yellow Birch)  
*Betula lenta* (Black Birch)  
*Betula nigra* \* (Riverbirch)  
*Carpinus caroliniana* (Ironwood)  
*Celtis occidentalis* (Hackberry)  
*Cercis canadensis* \* (Eastern Redbud)  
*Chionanthus virginicus* (Fringe Tree)  
*Cladrastis kentukea* (Yellowwood)  
*Cornus florida*\* (Flowering Dogwood)  
*Diospyros virginiana* (American Persimmon)  
*Fagus grandiflora* (American Beech)  
*Halesia carolina*\* (Carolina Silverbell)  
*Ilex opaca* (American Holly)  
*Juglans cinerea* (Butternut)

*Juglans nigra* (Black Walnut)  
*Juniperus virginiana* (Eastern Red Cedar)  
*Liquidambar styraciflua* (Sweet Gum)  
*Liriodendron tulipifera* (Tuliptree)  
*Magnolia virginiana* \* (Sweetbay Magnolia)  
*Nyssa sylvatica* \* (Black Gum)  
*Oxydendrum arboreum* (Sourwood)  
*Pinus strobus* (Eastern White Pine)  
*Platanus occidentalis* (Sycamore)  
*Prunus serrotina* (Black Cherry)  
*Quercus alba* (White Oak)  
*Quercus bicolor* (Swamp White Oak)  
*Quercus coccinea* (Scarlet Oak)  
*Quercus macrocarpa* (Bur Oak)  
*Quercus palustris* (Pin Oak)  
*Quercus phellos* (Willow Oak)  
*Quercus prinus* (Chestnut Oak)  
*Quercus rubra* (Northern Red Oak)  
*Quercus velutina* (Black Oak)  
*Salix nigra* (Black Willow)  
*Sassafras albidum* (Sassafras)  
*Taxodium distichum* (Bald Cypress)  
*Tilia americana* (Basswood)

**Sources:** Compiled from experience and from information from the USDA PLANTS Database. For more information visit us on the web at [www.behmerwald.com](http://www.behmerwald.com)