

Leaves & Roots



A World of Good

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JUNE 2017

Shopping List:

HERBS

The U.S. Food and Drug Administration has not evaluated these products.
They are not intended to diagnose, treat, cure or prevent any disease.
Certified Organics are now offered, pending availability and are indicated with 'CO'

| Herb Name | Botanical Name | 1 Oz | 2 Oz | 8 Oz | 16 Oz |
|--------------------------------|---------------------------------|--------|---------|---------|---------|
| ACACIA (GUM ARABIC), CO powder | <i>acacia nilotica</i> | \$3.50 | \$6.50 | \$20.50 | \$36.70 |
| ACAI BERRY powder | <i>Euterpe Oleracea Martius</i> | \$8.20 | \$15.80 | \$51.30 | \$92.70 |
| ACEROLA BERRY powder | <i>Maldighia glabra</i> | \$3.50 | \$6.60 | \$20.70 | \$37.10 |
| AGRIMONY HERB, CO cut | <i>Agrimonia eupatoria</i> | \$2.20 | \$3.90 | \$11.90 | \$21.10 |
| ALFALFA LEAF, CO cut | <i>Medicago sativa</i> | \$1.90 | \$3.40 | \$10.20 | \$18.00 |
| ALFALFA LEAF, CO powder | <i>Medicago sativa</i> | \$1.90 | \$3.20 | \$9.70 | \$17.10 |
| ALOE CO powder | <i>Aloe spicata</i> | \$2.50 | \$4.50 | \$14.10 | \$25.00 |
| ALUM powder | <i>Aluminum Sulfate</i> | \$1.10 | \$1.60 | \$4.50 | \$7.60 |
| ANAMU powder | <i>Petiveria Alliacea</i> | \$1.70 | \$2.90 | \$8.70 | \$15.20 |
| ANDROGRAPHIS HERB powder | <i>andrographis paniculata</i> | \$1.70 | \$2.90 | \$8.70 | \$15.20 |
| ANGELICA ROOT CO powder | <i>Angelica archangelica</i> | \$2.50 | \$4.50 | \$14.10 | \$25.00 |
| ANGELICA ROOT CO cut | <i>Angelica archangelica</i> | \$2.70 | \$5.00 | \$15.50 | \$27.60 |
| APPLE CIDER VINEGAR powder | | \$2.10 | \$3.70 | \$11.30 | \$20.00 |
| APPLE PECTIN powder | <i>Pyrus malus</i> | \$3.40 | \$6.30 | \$19.70 | \$35.30 |
| ARNICA cut | <i>Arnica montana</i> | \$5.80 | \$11.00 | \$35.30 | \$63.60 |
| ARTICHOKE powder | <i>Cynara scolymus</i> | \$2.70 | \$4.90 | \$15.20 | \$27.00 |
| ASAFOETIDA powder | <i>Ferula assafoetida</i> | \$2.60 | \$4.70 | \$14.70 | \$26.10 |
| ASHWAGANDHA CO powder | <i>Withania somnifera</i> | \$2.50 | \$4.60 | \$14.50 | \$26.00 |
| ASHWAGANDHA CO cut | <i>Withania somnifera</i> | \$2.60 | \$4.70 | \$14.70 | \$26.20 |
| ASTRAGALUS ROOT CO cut | <i>Astragalus membranaceus</i> | \$2.20 | \$3.80 | \$11.60 | \$20.60 |
| ASTRAGALUS ROOT CO powder | <i>Astragalus membranaceus</i> | \$2.90 | \$5.30 | \$16.70 | \$29.70 |
| BARBERRY BARK CO cut | <i>Berberis vulgaris</i> | \$1.30 | \$2.00 | \$5.80 | \$10.00 |
| BARBERRY BARK powder | <i>Berberis vulgaris</i> | \$2.00 | \$3.60 | \$10.80 | \$19.10 |
| BARLEY GRASS CO powder | <i>Hordeum vulgare</i> | \$2.80 | \$5.10 | \$15.80 | \$28.10 |
| BAYBERRY BARK cut | <i>Myrica cerifera</i> | \$5.30 | \$10.10 | \$32.30 | \$58.10 |
| BAYBERRY BARK powder | <i>Myrica cerifera</i> | \$5.60 | \$10.70 | \$34.50 | \$62.10 |
| BEE POLLEN DOMESTIC powder | <i>Ebay ollenpay</i> | \$1.90 | \$3.30 | \$9.90 | \$17.40 |
| BEE POLLEN, DOMESTIC granules | <i>Ebay ollenpay</i> | \$1.80 | \$3.10 | \$9.40 | \$16.50 |
| Beeswax Beads white filtered | | \$2.80 | \$5.20 | \$16.20 | \$28.80 |
| Beeswax Beads yellow filtered | | \$3.10 | \$5.60 | \$17.50 | \$31.30 |
| BEET ROOT, CO powder | <i>Beta vulgaris rubra</i> | \$2.80 | \$5.10 | \$15.80 | \$28.20 |
| BENZOIN GUM powder | <i>Styrax benzoin</i> | \$2.90 | \$5.20 | \$16.20 | \$28.90 |
| BILBERRIES CO whole | <i>Vaccinium myrtillus</i> | \$4.50 | \$8.60 | \$27.30 | \$49.10 |
| BILBERRY LEAF CO cut | <i>Vaccinium myrtillus</i> | \$3.20 | \$6.00 | \$18.70 | \$33.50 |
| BILBERRY LEAF CO powder | <i>Vaccinium myrtillus</i> | \$2.70 | \$4.90 | \$15.10 | \$26.90 |
| BIRCH BARK cut | <i>Betula pubescens</i> | \$1.80 | \$3.10 | \$9.30 | \$16.40 |
| BIRCH LEAF cut | <i>Betula alba</i> | \$1.50 | \$2.50 | \$7.40 | \$12.90 |
| BITTER MELON powder | <i>Momordica charantia</i> | \$1.80 | \$3.10 | \$9.20 | \$16.10 |
| BLACK COHOSH CO powder | <i>Cimicifuge racemosa</i> | \$3.30 | \$6.00 | \$19.00 | \$33.90 |
| BLACK COHOSH CO cut | <i>Cimicifuge racemosa</i> | \$3.10 | \$5.70 | \$18.00 | \$32.20 |
| BLACK HAW BARK powder | <i>Viburnum Prunifolim</i> | \$2.80 | \$5.20 | \$16.10 | \$28.70 |
| BLACK WALNUT HULL CO cut | <i>Juglans nigra</i> | \$2.30 | \$4.10 | \$12.70 | \$22.50 |
| BLACK WALNUT HULL CO powder | <i>Juglans nigra</i> | \$2.50 | \$4.60 | \$14.20 | \$25.20 |
| BLACK WALNUT LEAF, CO cut | <i>Juglans nigra</i> | \$2.10 | \$3.70 | \$11.40 | \$20.20 |
| BLACKBERRY LEAF cut | <i>Rubus fruiticosus</i> | \$1.40 | \$2.20 | \$6.30 | \$10.90 |
| BLADDERWRACK, CO cut | <i>Fucus visiculosus</i> | \$1.50 | \$2.50 | \$7.20 | \$12.50 |
| BLADDERWRACK, CO powder | <i>Fucus visiculosus</i> | \$1.50 | \$2.50 | \$7.20 | \$12.50 |
| BLESSED THISTLE, CO powder | <i>Cinicus benedictus</i> | \$2.30 | \$4.00 | \$12.30 | \$21.70 |
| BLESSED THISTLE, CO cut | <i>Cinicus benedictus</i> | \$2.10 | \$3.70 | \$11.40 | \$20.10 |
| BLOOD ROOT whole | <i>Sanguinaria canadensis</i> | \$5.90 | \$11.20 | \$36.00 | \$64.90 |
| BLUE COHOSH cut | <i>Hordeum vulgare</i> | \$3.40 | \$6.20 | \$19.70 | \$35.20 |

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|-------------------------------|-------------------------------------|--------|---------|---------|---------|
| BLUE COHOSH powder | <i>Caulophyllum thalictroides</i> | \$3.80 | \$7.00 | \$22.20 | \$39.70 |
| BOLDO LEAF cut | <i>Peumus boldus</i> | \$1.80 | \$3.00 | \$9.00 | \$15.80 |
| BONESET HERB CO cut | <i>Eupatorium perfoliatum</i> | \$2.60 | \$4.60 | \$14.30 | \$25.40 |
| BROMELAIN powder | <i>Ananas comosus</i> | \$3.80 | \$7.20 | \$22.70 | \$40.70 |
| BUCHU LEAF CO powder | <i>Barosma betulina</i> | \$6.40 | \$12.30 | \$39.50 | \$71.30 |
| BUCKTHORNE BARK powder | <i>Rhamnus frangula</i> | \$2.20 | \$3.90 | \$12.00 | \$21.30 |
| BUCKTHORNE BARK CO cut | <i>Rhamnus frangula</i> | \$2.20 | \$3.90 | \$12.00 | \$21.20 |
| BUPLEURUM ROOT CO powder | <i>Bupleurem chinense</i> | \$4.00 | \$7.50 | \$23.80 | \$42.70 |
| BURDOCK ROOT CO cut | <i>Arctium lappa</i> | \$1.90 | \$3.20 | \$9.60 | \$17.00 |
| BURDOCK ROOT CO powder | <i>Arctium lappa</i> | \$2.10 | \$3.80 | \$11.50 | \$20.30 |
| BUTCHERS BROOM powder | <i>Rucus aculeatus</i> | \$2.50 | \$4.50 | \$14.10 | \$25.00 |
| BUTCHERS BROOM, CO cut | <i>Rucus aculeatus</i> | \$2.70 | \$4.80 | \$15.00 | \$26.70 |
| BUTTERBUR BARK CO cut | <i>Petasites hybridus</i> | \$2.60 | \$4.70 | \$14.50 | \$25.70 |
| CALAMUS ROOT CO cut | <i>Acorus calamus</i> | \$1.70 | \$3.00 | \$8.90 | \$15.60 |
| CALAMUS ROOT CO powder | <i>Acorus calamus</i> | \$2.30 | \$4.10 | \$12.50 | \$22.10 |
| CALENDULA FLOWERS CO cut | <i>Calendula officinales</i> | \$1.60 | \$2.70 | \$8.10 | \$14.10 |
| CASCARA SAGRADA cut | <i>Rhamnus purshiana</i> | \$2.20 | \$3.80 | \$11.60 | \$20.60 |
| CASCARA SAGRADA powder | <i>Rhamnus purshiana</i> | \$2.40 | \$4.20 | \$13.00 | \$23.10 |
| CATNIP HERB, powder | <i>Nepeta cataria</i> | \$2.30 | \$4.10 | \$12.60 | \$22.30 |
| CATNIP HERB CO cut | <i>Nepeta cataria</i> | \$3.00 | \$5.50 | \$17.20 | \$30.70 |
| CATS CLAW BARK cut | <i>Unicaria tomentosa</i> | \$1.60 | \$2.60 | \$7.60 | \$13.30 |
| CATS CLAW BARK, CO powder | <i>Unicaria tomentosa</i> | \$2.00 | \$3.60 | \$10.90 | \$19.20 |
| CATUABA BARK cut | <i>juniperus brasillensis</i> | \$2.00 | \$3.50 | \$10.60 | \$18.70 |
| CATUABA BARK powder | <i>juniperus brasillensis</i> | \$2.10 | \$3.70 | \$11.20 | \$19.70 |
| CEDAR TIPS cut | <i>Thuja plicata</i> | \$1.80 | \$3.00 | \$9.00 | \$15.70 |
| CHAMOMILE CO powder | <i>Matricaria recutita</i> | \$2.40 | \$4.20 | \$13.00 | \$23.00 |
| CHAMOMILE CO whole | <i>Matricaria recutita</i> | \$2.20 | \$3.80 | \$11.80 | \$20.80 |
| CHANCA PIEDRA cut | <i>Phyllanthus niruri L.</i> | \$5.80 | \$11.20 | \$35.90 | \$64.70 |
| CHAPARRAL LEAF CO cut | <i>Larrea Tridentata</i> | \$1.60 | \$2.70 | \$7.90 | \$13.70 |
| CHAPARRAL LEAF powder | <i>Larrea Tridentata</i> | \$1.70 | \$2.80 | \$8.50 | \$14.80 |
| CHARCOAL, ACTIVATED powder | | \$3.50 | \$6.40 | \$20.30 | \$36.40 |
| CHASTE TREE BERRIES, CO whole | <i>Vitex agnus castus</i> | \$1.70 | \$2.90 | \$8.50 | \$15.00 |
| CHASTE TREE BERRY CO powder | <i>Vitex agnus castus</i> | \$2.00 | \$3.50 | \$10.80 | \$19.00 |
| CHIA SEEDS CO whole | <i>Salvia hispanica</i> | \$2.30 | \$4.20 | \$12.80 | \$22.70 |
| CHICKWEED powder | <i>Stellaria medica</i> | \$2.30 | \$4.00 | \$12.40 | \$22.00 |
| CHICKWEED, CO cut | <i>Stellaria medica</i> | \$2.20 | \$3.90 | \$11.80 | \$20.90 |
| CHICORY ROOT roasted cut | <i>Chicorium intybus</i> | \$2.00 | \$3.40 | \$10.30 | \$18.10 |
| CHLORELLA, Cracked, CO powder | <i>Chlorella pyracidosa</i> | \$5.30 | \$10.00 | \$32.20 | \$57.90 |
| CITRIC ACID powder | | \$1.20 | \$1.90 | \$5.50 | \$9.40 |
| CLAY, Bentonite powder | <i>Montmorillonite (food grade)</i> | \$1.50 | \$2.50 | \$7.20 | \$12.60 |
| CLAY, French green powder | | \$2.00 | \$3.60 | \$10.80 | \$19.10 |
| CLAY, Fullers earth powder | | \$1.50 | \$2.60 | \$7.60 | \$13.20 |
| CLAY, Kaolin White | | \$1.50 | \$2.50 | \$7.20 | \$12.50 |
| CLAY, Moroccan Red powder | | \$2.10 | \$3.80 | \$11.50 | \$20.40 |
| CLAY, Rhoussoul powder | | \$2.10 | \$3.80 | \$11.50 | \$20.40 |
| CLEAVERS powder | <i>Galium aparine</i> | \$2.30 | \$4.10 | \$12.60 | \$22.20 |
| CLEAVERS, CO cut | <i>Galium aparine</i> | \$3.00 | \$5.50 | \$17.10 | \$30.50 |
| Cocoa Butter, CO, wafer | | ---- | \$5.20 | ---- | \$28.70 |
| COLTSFOOT LEAF, CO cut | <i>Tussliago farfara</i> | \$2.70 | \$4.90 | \$15.20 | \$27.00 |
| COMFREY LEAF CO cut | <i>Symphytum officinale</i> | \$2.40 | \$4.20 | \$13.10 | \$23.40 |
| COMFREY LEAF CO powder | <i>Symphytum officinale</i> | \$2.40 | \$4.30 | \$13.20 | \$23.40 |
| COMFREY ROOT, CO powder | <i>Symphytum officinale</i> | \$2.70 | \$4.90 | \$15.30 | \$27.20 |
| COMFREY ROOT, CO cut | <i>Symphytum officinale</i> | \$2.50 | \$4.50 | \$13.90 | \$24.70 |
| COPAL, GOLD cut | <i>Bursera microphylla</i> | \$3.30 | \$6.10 | \$19.10 | \$34.10 |
| Cordyceps Mushroom Powder CO | <i>Cordyceps sinensis</i> | \$6.60 | \$12.70 | ----- | ----- |
| CORNSILK CO cut | <i>Zea mays</i> | \$3.00 | \$5.50 | \$17.10 | \$30.60 |

| Herb Name | Botanical Name | 1 Oz | 2 Oz | 8 Oz | 16 Oz |
|-------------------------------|-----------------------------------|---------|---------|---------|----------|
| CRAMP BARK cut | <i>Viburnum opulus</i> | \$5.10 | \$9.70 | \$31.00 | \$55.80 |
| CRAMP BARK powder | <i>Viburnum opulus</i> | \$5.00 | \$9.40 | \$30.10 | \$54.50 |
| DAMIANA LEAF CO cut | <i>Turnera aphrodisiaca</i> | \$3.20 | \$5.90 | ----- | ----- |
| DAMIANA LEAF CO powder | <i>Turnera aphrodisiaca</i> | \$2.20 | \$3.80 | ----- | ----- |
| DANDELION LEAF, CO cut | <i>Taraxacum officinale</i> | \$2.30 | \$4.00 | \$12.30 | \$21.70 |
| DANDELION LEAF, CO Powder | <i>Taraxacum officinale</i> | \$2.40 | \$4.20 | \$13.10 | \$23.20 |
| DANDELION ROOT CO cut | <i>Taraxacum officinale</i> | \$2.10 | \$3.80 | \$11.50 | \$20.30 |
| DANDELION ROOT CO powder | <i>Taraxacum officinale</i> | \$2.90 | \$5.20 | \$16.30 | \$29.00 |
| DANDELION ROOT Roasted CO cut | <i>Taraxacum officinale</i> | \$3.00 | \$5.50 | \$17.10 | \$30.60 |
| DEVILS CLAW cut | <i>Harpagophytum procumbens</i> | \$2.70 | \$5.00 | \$15.40 | \$27.50 |
| DEVILS CLAW CO powder | <i>Harpagophytum procumbens</i> | \$3.20 | \$5.80 | \$18.30 | \$32.70 |
| DIATOMACEOUS EARTH | Food Grade | \$1.20 | \$1.80 | \$5.00 | \$8.50 |
| DONG QUAI CO cut | <i>Angelica sinensis</i> | \$3.50 | \$6.50 | \$20.50 | \$36.70 |
| DONG QUAI CO powder | <i>Angelica sinensis</i> | \$2.30 | \$4.00 | \$12.30 | \$21.70 |
| DRAGONS BLOOD chunks | <i>Daemonorops draco</i> | \$11.80 | \$22.90 | \$74.80 | \$135.50 |
| DULSE CO granules | <i>Rhodymenia palmata</i> | \$3.50 | \$6.40 | \$20.20 | \$36.10 |
| DULSE CO powder | <i>Rhodymenia palmata</i> | \$2.90 | \$5.30 | \$16.70 | \$29.70 |
| ECHINACEA HERB CO cut | <i>Echinacea purpurea</i> | \$1.70 | \$2.80 | \$8.40 | \$14.70 |
| ECHINACEA HERB CO powder | <i>Echinacea angustifolia</i> | \$3.20 | \$5.90 | \$18.60 | \$33.20 |
| ECHINACEA ROOT CO powder | <i>Echinacea angustifolia</i> | \$4.90 | \$9.30 | \$29.90 | \$53.70 |
| ECHINACEA ROOT, CO cut | <i>Echinacea angustifolia</i> | \$4.90 | \$9.30 | \$29.90 | \$53.70 |
| ELDER BERRY CO whole | <i>Sambucus Nigra</i> | \$2.20 | \$3.80 | \$11.70 | \$20.70 |
| ELDER FLOWERS rubbed | <i>Sambucus Nigra</i> | \$3.00 | \$5.50 | \$17.10 | \$30.60 |
| ELECAMPANE cut | <i>Inula helenium</i> | \$1.70 | \$2.90 | \$8.60 | \$15.00 |
| ELECAMPANE powder | <i>Inula helenium</i> | \$2.00 | \$3.60 | \$10.90 | \$19.20 |
| ELEUTHERO ROOT CO cut | <i>Eleutherococcus senticosus</i> | \$1.50 | \$2.50 | \$7.40 | \$12.90 |
| ELEUTHERO ROOT CO powder | <i>Eleutherococcus senticosus</i> | \$1.50 | \$2.60 | \$7.50 | \$13.50 |
| EUCALYPTUS CO cut | <i>Eucalyptus globulus</i> | \$1.80 | \$3.20 | \$9.50 | \$16.70 |
| EYEBRIGHT HERB CO cut | <i>Euphrasia officinales</i> | \$2.60 | \$4.70 | \$13.90 | \$24.70 |
| EYEBRIGHT HERB powder | <i>Euphrasia officinales</i> | \$2.60 | \$4.60 | \$14.30 | \$25.40 |
| FEVERFEW powder | <i>Tanacetum parthenium</i> | \$1.80 | \$3.00 | \$9.00 | \$15.70 |
| FEVERFEW, CO cut | <i>Caenothus americana</i> | \$3.60 | \$6.70 | \$21.30 | \$38.10 |
| FLAX SEED CO powder | <i>Linum usitatissimum</i> | \$1.20 | \$1.90 | \$5.20 | \$8.90 |
| FLAX SEED CO whole | <i>Linum usitatissimum</i> | \$1.20 | \$1.90 | \$5.30 | \$9.10 |
| FOTI (ho sho wu), CO powder | <i>Polygonum multiflorum</i> | \$2.90 | \$5.40 | \$16.80 | \$29.90 |
| FRANKINCENSE powder | <i>Boswellia carteri</i> | \$3.00 | \$5.50 | \$17.10 | \$30.60 |
| FRANKINCENSE cut | <i>Boswellia carteri</i> | \$2.00 | \$3.40 | \$10.40 | \$18.40 |
| GARCINIA, EXT 65% powder | <i>Garcinia cambogia</i> | \$3.80 | \$7.00 | \$22.30 | \$40.00 |
| GENTAIN ROOT, CO cut | <i>Gentiana lutea</i> | \$3.60 | \$6.70 | \$21.20 | \$38.00 |
| GENTAIN ROOT, CO powder | <i>Gentiana lutea</i> | \$4.10 | \$7.60 | \$24.10 | \$43.30 |
| GINKGO LEAF CO cut | <i>Ginkgo biloba</i> | \$1.90 | \$3.30 | \$10.00 | \$17.60 |
| GINKGO LEAF, CO powder | <i>Ginkgo biloba</i> | \$2.20 | \$3.80 | \$11.60 | \$20.50 |
| GINSENG, AMERICAN powder | <i>Panax quinquefolium</i> | \$12.80 | \$25.10 | \$82.00 | \$148.50 |
| GINSENG, CHINESE RED powder | <i>Panax ginseng</i> | \$14.60 | \$28.60 | \$93.60 | \$169.60 |
| GLUCOSAMINE SULFATE powder | | \$6.60 | \$12.60 | \$40.70 | \$73.40 |
| GOLDENROD HERB, CO cut | <i>Solidago odora</i> | \$2.30 | \$4.00 | \$12.30 | \$21.70 |
| GOLDENSEAL LEAF CO cut | <i>Hydrastis canadensis</i> | \$5.40 | \$10.20 | \$32.80 | \$59.00 |
| GOLDENSEAL LEAF CO powder | <i>Hydrastis canadensis</i> | \$8.30 | \$16.10 | \$52.30 | \$94.50 |
| GOLDENSEAL ROOT cut | <i>Hydrastis canadensis</i> | \$11.70 | \$22.80 | \$74.40 | \$134.70 |
| GOLDENSEAL ROOT powder | <i>Hydrastis canadensis</i> | \$11.90 | \$23.10 | \$75.50 | \$136.70 |
| GOTU KOLA HERB cut CO | <i>Centella asiatica</i> | \$2.90 | \$5.30 | \$16.70 | \$29.70 |
| GOTU KOLA HERB powder CO | <i>Centella asiatica</i> | \$2.30 | \$4.00 | \$12.30 | \$21.70 |
| GRAPE SEED extract powder | 95% proanthocyanidins | \$8.90 | \$17.20 | \$55.90 | \$101.10 |
| GRAVEL ROOT cut | <i>Eupatorium purpureum</i> | \$3.90 | \$7.30 | \$23.20 | \$41.60 |
| GRAVEL ROOT powder | <i>Eupatorium purpureum</i> | \$4.10 | \$7.70 | \$24.50 | \$44.00 |
| GRAVIOLA powder | <i>Annona muricata</i> | \$2.70 | \$4.80 | \$15.00 | \$26.70 |

| Herb Name | Botanical Name | 1 Oz | 2 Oz | 8 Oz | 16 Oz |
|------------------------------|-------------------------------|---------|---------|---------|----------|
| GREEN TEA extract powder | <i>Camelia sinensis</i> | \$2.40 | \$4.20 | \$13.00 | \$23.10 |
| GUARANA SEED powder | <i>Paullinia sorbilis</i> | \$2.50 | \$4.50 | \$13.90 | \$24.70 |
| GYMNEMA CO powder | <i>Gymnema sylvestris</i> | \$2.00 | \$3.50 | \$10.50 | \$18.60 |
| HAWTHORNE BERRY CO powder | <i>Crataegus oxycanthus</i> | \$2.00 | \$3.50 | \$10.70 | \$18.80 |
| HAWTHORNE BERRY CO whole | <i>Crataegus oxycanthus</i> | \$1.80 | \$3.00 | \$9.10 | \$15.90 |
| HAWTHORNE LF&flwr CO cut | <i>Crataegus oxycanthus</i> | \$2.20 | \$3.80 | \$11.60 | \$20.60 |
| HEMP SEED CO hulled | <i>Cannabis sativa</i> | \$3.80 | \$7.20 | \$22.70 | \$40.70 |
| HENNA, Neutral powder | <i>Lyzitus spina christi</i> | \$1.30 | \$2.20 | \$6.30 | \$10.80 |
| HENNA, Red powder | <i>Lawsonia inermis</i> | \$1.30 | \$2.20 | \$6.30 | \$10.80 |
| HIBISCUS FLOWER CO cut | <i>Hibiscus sabdariffa</i> | \$1.70 | \$2.80 | \$8.30 | \$14.60 |
| HIBISCUS FLOWER, CO powder | <i>Hibiscus sabdariffa</i> | \$2.10 | \$3.80 | \$11.50 | \$20.30 |
| HONEYSUCKLE, CO whole | <i>Lonicera japonica</i> | \$4.70 | \$8.80 | \$28.20 | \$50.70 |
| HOPS FLOWER powder | <i>Humulus lupulus</i> | \$2.00 | \$3.50 | \$10.70 | \$19.00 |
| HOPS FLOWER whole | <i>Humulus lupulus</i> | \$2.10 | \$3.80 | \$11.50 | \$20.30 |
| HOREHOUND CO cut | <i>Marrubium vulgare</i> | \$2.00 | \$3.50 | \$10.80 | \$19.00 |
| HOREHOUND HERB powder | <i>Marrubium vulgare</i> | \$2.00 | \$3.50 | \$9.20 | \$16.10 |
| HORNY GOATWEED powder | <i>Epimedium sagittatum</i> | \$1.60 | \$2.60 | \$7.70 | \$13.50 |
| HORSE CHESTNUT, CO cut | <i>Aesculus hippocastanum</i> | \$2.10 | \$3.70 | \$11.30 | \$20.00 |
| HYDRANGEA ROOT cut | <i>Hydrangea hortensis</i> | \$3.50 | \$6.40 | \$20.30 | \$36.40 |
| HYDRANGEA ROOT powder | <i>Hydrangea hortensis</i> | \$4.00 | \$7.40 | \$23.60 | \$42.30 |
| HYSSOP HERB powder | <i>Hyssopus officinales</i> | \$1.90 | \$3.30 | \$10.10 | \$17.80 |
| HYSSOP HERB, CO cut | <i>Hyssopus officinales</i> | \$2.20 | \$3.90 | \$11.90 | \$21.10 |
| IRISH MOSS, CO cut | <i>Chrondrus crispus</i> | \$2.60 | \$4.60 | \$14.20 | \$25.30 |
| IRISH MOSS, CO powder | <i>Chrondrus crispus</i> | \$2.60 | \$4.70 | \$14.70 | \$26.10 |
| JASMINE FLOWER whole | <i>Jasminum grandiflorum</i> | \$2.70 | \$4.90 | \$15.20 | \$27.00 |
| JUNIPER BERRIES, CO powder | <i>Juniperus communis</i> | \$2.40 | \$4.20 | \$13.10 | \$23.20 |
| JUNIPER BERRIES, CO whole | <i>Juniperus communis</i> | \$1.90 | \$3.30 | \$13.90 | \$24.70 |
| KAVA KAVA ROOT cut | <i>Piper methysticum</i> | \$4.00 | \$7.60 | \$24.00 | \$43.10 |
| KAVA KAVA ROOT powder | <i>Piper methysticum</i> | \$4.00 | \$7.50 | \$23.70 | \$42.60 |
| KELP, ATLANTIC, CO granules | <i>Ascophyllum nodosum</i> | \$1.10 | \$1.70 | \$4.70 | \$7.90 |
| KELP, ATLANTIC, CO powder | <i>Ascophyllum nodosum</i> | \$1.20 | \$1.80 | \$5.00 | \$8.50 |
| KOLA NUT powder | <i>Cola acuminata</i> | \$2.30 | \$4.00 | \$12.30 | \$21.70 |
| KUDZU ROOT, CO powder | <i>Pueraria thomsonii</i> | \$2.70 | \$5.00 | \$15.50 | \$27.60 |
| Ladies Mantle Cut CO | <i>Alchemilla vulgaris</i> | \$2.40 | \$4.30 | \$13.40 | \$23.70 |
| LAVENDER, CO whole select | <i>Lavendula angustifolia</i> | \$3.00 | \$5.60 | \$17.40 | \$31.10 |
| LEMON BALM, CO cut | <i>Melissa officinales</i> | \$2.20 | \$3.90 | \$11.90 | \$21.10 |
| LEMON BALM, CO powder | <i>Melissa officinales</i> | \$2.40 | \$4.30 | \$13.40 | \$23.80 |
| LEMON GRASS, CO cut | <i>Cymbopogon citratus</i> | \$1.30 | \$2.10 | \$6.00 | \$10.40 |
| LEMON VERBENA, CO cut | <i>Aloysia triphylla</i> | \$2.10 | \$3.70 | \$11.20 | \$19.70 |
| LICORICE ROOT CO cut | <i>Glycyrrhiza glabra</i> | \$1.80 | \$3.00 | \$9.10 | \$15.90 |
| LICORICE ROOT, CO powder | <i>Glycyrrhiza glabra</i> | \$2.30 | \$4.10 | \$12.70 | \$22.60 |
| LICORICE STICKS,CO 6" | <i>Glycyrrhiza glabra</i> | \$3.40 | \$6.40 | \$20.10 | \$36.00 |
| LINDEN LF&flwr CO cut | <i>Tilia europaea</i> | \$3.50 | \$6.40 | \$20.20 | \$36.10 |
| LOBELIA HERB CO cut | <i>Lobelia inflata</i> | \$4.40 | \$8.20 | \$26.30 | \$47.20 |
| LOBELIA HERB powder | <i>Lobelia inflata</i> | \$1.70 | \$2.90 | \$8.60 | \$15.10 |
| LYCII BERRY, CO whole | <i>lycium barbarum</i> | \$4.80 | \$9.10 | \$29.20 | \$52.50 |
| MACA CO powder | <i>Lepidium mayenil</i> | \$4.30 | \$8.20 | \$26.00 | \$46.70 |
| MANDRAKE ROOT cut | <i>Podophyllum peltatum</i> | \$3.70 | \$6.90 | \$21.90 | \$39.20 |
| MANDRAKE ROOT powder | <i>Podophyllum peltatum</i> | \$3.80 | \$7.00 | \$22.30 | \$40.00 |
| MARSHMALLOW LEAF, CO cut | <i>Althea officinales</i> | \$3.50 | \$6.50 | \$20.40 | \$36.60 |
| MARSHMALLOW ROOT CO cut | <i>Althea officinales</i> | \$2.30 | \$4.00 | \$12.30 | \$21.70 |
| MARSHMALLOW ROOT CO powder | <i>Althea officinales</i> | \$2.80 | \$5.10 | \$15.80 | \$28.20 |
| MEADOWSWEET HERB, CO cut | <i>Filipendula umaria</i> | \$2.40 | \$4.20 | \$13.10 | \$23.20 |
| MENTHOL CRYSTALS cut | | \$10.20 | \$19.80 | \$64.50 | \$116.70 |
| MILK THISTLE SEED CO whole | <i>Silybum marianum</i> | \$1.90 | \$3.40 | \$10.20 | \$17.90 |
| MILK THISTLE SEED, CO powder | <i>Silybum marianum</i> | \$2.10 | \$3.70 | \$11.30 | \$20.00 |

| Herb Name | Botanical Name | 1 Oz | 2 Oz | 8 Oz | 16 Oz |
|--------------------------------|-------------------------------|---------|---------|---------|----------|
| MISTLETOE LEAF, CO CUT | <i>Viscum album</i> | \$2.00 | \$3.40 | \$10.40 | \$18.30 |
| Moringa Powder | <i>Moringa olifera</i> | \$3.00 | \$5.50 | \$17.20 | \$30.70 |
| Moringa CO cut | <i>Moringa olifera</i> | \$2.40 | \$4.20 | \$13.10 | \$23.20 |
| MOTHERWORT CO cut | <i>Leonurus cardiaca</i> | \$1.80 | \$3.10 | \$9.30 | \$16.40 |
| MOTHERWORT powder | <i>Leonurus cardiaca</i> | \$2.10 | \$3.70 | \$11.20 | \$19.70 |
| MSM | <i>Methylsulfonylmethane</i> | \$2.50 | \$4.50 | \$13.90 | \$24.70 |
| MUGWORT HERB, CO cut | <i>Artemisia vulgaris</i> | \$1.90 | \$3.20 | \$9.70 | \$17.00 |
| MUIRA PUAMA cut | <i>Liriosma ovata</i> | \$1.50 | \$2.40 | \$7.10 | \$12.30 |
| MUIRA PUAMA powder | <i>Liriosma ovata</i> | \$1.60 | \$2.70 | \$8.10 | \$14.10 |
| MULLIEN LEAF CO cut | <i>Verbascum thapsus</i> | \$2.60 | \$4.70 | \$14.60 | \$25.90 |
| MULLIEN LEAF powder | <i>Verbascum thapsus</i> | \$2.00 | \$3.60 | \$10.80 | \$19.10 |
| MYRRH GUM powder | <i>Commiphora molmol</i> | \$3.00 | \$5.50 | \$17.30 | \$33.90 |
| MYRRH GUM tears | <i>Commiphora molmol</i> | \$2.40 | \$4.40 | \$13.50 | \$24.00 |
| NEEM LEAF CO powder | <i>Azadirachta indica</i> | \$2.10 | \$3.80 | \$11.50 | \$20.30 |
| NEEM LEAF, CO cut | <i>Azadirachta indica</i> | \$1.50 | \$2.50 | \$7.40 | \$12.90 |
| NETTLE LEAF CO cut | <i>Urtica dioica</i> | \$1.80 | \$3.20 | \$9.50 | \$16.70 |
| NETTLE LEAF, CO powder | <i>Urtica dioica</i> | \$2.00 | \$3.40 | \$10.30 | \$18.20 |
| NETTLE ROOT CO cut | <i>Urtica dioica</i> | \$2.60 | \$4.60 | \$14.20 | \$25.30 |
| NETTLE ROOT, CO powder | <i>Urtica dioica</i> | \$2.40 | \$4.30 | \$13.40 | \$23.70 |
| NONI FRUIT powder | <i>Morinda citrifolia</i> | \$1.70 | \$2.80 | \$8.40 | \$14.70 |
| OATSTRAW CO powder | <i>Avena sativa</i> | \$1.90 | \$3.40 | \$10.20 | \$17.90 |
| OATSTRAW CO cut | <i>Avena sativa</i> | \$1.90 | \$3.40 | \$10.20 | \$17.90 |
| OLIVE LEAF, CO Cut | <i>Olea europaea</i> | \$2.00 | \$3.50 | \$10.50 | \$18.50 |
| OLIVE LEAF, CO powder | <i>Olea europaea</i> | \$2.30 | \$4.10 | \$12.50 | \$22.20 |
| OREGON GRAPE Rt cut | <i>Berberis aquifolium</i> | \$3.20 | \$5.80 | \$18.30 | \$32.70 |
| OREGON GRAPE Rt powder | <i>Berberis aquifolium</i> | \$3.40 | \$6.30 | \$19.80 | \$35.40 |
| OSHA ROOT whole | <i>Ligusticum poteri</i> | \$10.90 | \$21.30 | \$69.50 | \$125.70 |
| PAPAYA LEAF, CO cut | <i>Carica papaya</i> | \$2.10 | \$3.70 | \$11.40 | \$20.10 |
| PAPAYA LEAF, CO powder | <i>Carica papaya</i> | \$1.70 | \$2.90 | \$8.70 | \$15.30 |
| PARSLEY ROOT, CO powder | <i>Petroselinum crispum</i> | \$2.70 | \$5.00 | \$15.50 | \$27.60 |
| PARSLEY ROOT, CO cut | <i>Petroselinum crispum</i> | \$2.70 | \$5.00 | \$15.50 | \$27.60 |
| PASSIONFLOWER CO cut | <i>Passiflora incarnata</i> | \$2.00 | \$3.50 | \$10.70 | \$18.80 |
| PASSIONFLOWER CO powder | <i>Passiflora incarnata</i> | \$2.30 | \$4.00 | \$12.30 | \$21.70 |
| PATCHOULI LEAF, CO cut | <i>Pogostemon cablin</i> | \$2.00 | \$3.50 | \$10.70 | \$18.80 |
| PAU D'ARCO BARK cut | <i>Tabebuia impetiginosa</i> | \$1.30 | \$2.10 | \$6.10 | \$10.60 |
| PAU D'ARCO BARK powder | <i>Tabebuia impetiginosa</i> | \$1.40 | \$2.20 | \$6.30 | \$11.30 |
| PENNYROYAL HERB powder | <i>Mentha pulegium</i> | \$1.70 | \$2.80 | \$8.40 | \$14.70 |
| PENNYROYALHERB, CO cut | <i>Mentha pulegium</i> | \$2.70 | \$4.90 | \$15.30 | \$27.30 |
| PEPPERMINT LEAF CO cut | <i>Mentha piperita</i> | \$2.20 | \$4.00 | \$12.20 | \$21.60 |
| PEPPERMINT LEAF CO powder | <i>Mentha piperita</i> | \$2.60 | \$4.80 | \$14.80 | \$26.40 |
| PLANTAIN LEAF CO powder | <i>Plantago major</i> | \$2.00 | \$3.60 | \$10.90 | \$19.20 |
| PLANTAIN LEAF CO cut | <i>Plantago major</i> | \$2.40 | \$4.30 | \$13.40 | \$23.80 |
| PLEURISY ROOT cut | <i>Asclepias tuberosa</i> | \$6.60 | \$12.60 | \$40.70 | \$73.40 |
| PLEURISY ROOT powder | <i>Asclepias tuberosa</i> | \$7.00 | \$13.50 | \$43.70 | \$78.90 |
| POKE ROOT powder | <i>phytolacca americana</i> | \$2.50 | \$4.50 | \$14.10 | \$25.00 |
| PRICKLY ASH BARK cut | <i>Zanthoxylum americanum</i> | \$4.50 | \$8.40 | \$26.90 | \$48.40 |
| PRICKLY ASH BARK powder | <i>Zanthoxylum americanum</i> | \$4.60 | \$8.70 | \$27.70 | \$49.80 |
| PSYLLIUM HUSK, CO powder | <i>Plantago arenaria</i> | \$1.70 | \$2.80 | \$8.40 | \$14.70 |
| PUMPKIN SEED powder | <i>Curcubita maxima</i> | \$1.90 | \$3.30 | \$9.80 | \$17.30 |
| PYGEUM BARK powder | <i>Pygeum africanus</i> | \$3.20 | \$5.80 | \$18.20 | \$32.60 |
| QUASSIA WOOD cut | <i>Quassia americana</i> | \$1.70 | \$2.80 | \$8.40 | \$14.70 |
| QUASSIA WOOD powder | <i>Quassia americana</i> | \$1.80 | \$3.00 | \$9.10 | \$15.90 |
| Red Clover Blossoms CO whole | <i>Trifolium pratense</i> | \$2.40 | \$4.30 | \$13.20 | \$23.40 |
| Red Clover Blossoms, CO powder | <i>Trifolium pratense</i> | \$2.90 | \$5.20 | \$16.30 | \$29.00 |
| Red Raspberry Leaf CO cut | <i>Rubus idaeus</i> | \$1.80 | \$3.10 | \$9.20 | \$16.10 |
| Red Raspberry Leaf powder | <i>Rubus idaeus</i> | \$2.60 | \$4.60 | \$14.40 | \$25.60 |

| Herb Name | Botanical Name | 1 Oz | 2 Oz | 8 Oz | 16 Oz |
|------------------------------------|------------------------------------|--------|---------|---------|---------|
| RED ROOT cut | <i>Caenothus americana</i> | \$3.00 | \$5.60 | \$17.40 | \$31.10 |
| RED ROOT powder | <i>Caenothus americana</i> | \$3.60 | \$6.60 | \$20.80 | \$37.30 |
| REISHI MUSHROOM, RED, powder | <i>Ganoderma lucidum</i> | \$6.10 | \$11.70 | \$37.60 | \$67.80 |
| RHODIOLA ROOT, CO cut | <i>Rhodiola rosea</i> | \$3.90 | \$7.20 | \$22.90 | \$41.10 |
| RHODIOLA ROOT, CO pow | <i>Rhodiola rosea</i> | \$4.20 | \$7.90 | \$25.20 | \$45.30 |
| RHUBARB ROOT cut | <i>Rheum officinales</i> | \$1.70 | \$2.90 | \$8.60 | \$15.00 |
| RHUBARB ROOT powder | <i>Rheum officinales</i> | \$1.70 | \$3.00 | \$8.90 | \$15.60 |
| ROOIBOS, CO cut | <i>Aspalathus linearis</i> | \$1.70 | \$2.90 | \$8.60 | \$15.00 |
| ROSE BUDS & PETALS, CO | <i>Rosea centifolia</i> | \$2.40 | \$4.30 | \$13.40 | \$23.70 |
| ROSEHIPS, CO powder | <i>Rosa canina</i> | \$2.00 | \$3.50 | \$10.70 | \$18.80 |
| ROSEHIPS, CO seedless, cut | <i>Rosa canina</i> | \$2.30 | \$4.00 | \$12.30 | \$21.70 |
| ROSEHIPS, CO whole | <i>Rosa canina</i> | \$1.40 | \$2.40 | \$6.90 | \$12.00 |
| RUE HERB, CO cut | <i>Ruta graveolens</i> | \$3.90 | \$7.30 | \$23.10 | \$41.40 |
| SANDALWOOD, red cut | <i>Pterocarpus santalinus</i> | \$2.30 | \$4.00 | \$12.40 | \$21.90 |
| SARSAPARILLA, mex cut | <i>Smilax medica</i> | \$1.80 | \$3.00 | \$9.00 | \$15.70 |
| SARSAPARILLA, mex pow | <i>Smilax medica</i> | \$2.10 | \$3.70 | \$11.30 | \$20.00 |
| SASSAFRAS Bark cut | <i>Sassafras albidum</i> | \$4.30 | \$8.20 | \$26.00 | \$46.70 |
| SAW PALMETTO CO cut | <i>Serenoa repens</i> | \$3.20 | \$5.90 | \$18.70 | \$33.40 |
| SAW PALMETTO CO powder | <i>Serenoa repens</i> | \$3.70 | \$6.90 | \$22.00 | \$39.40 |
| SCHIZANDRA BERRY, CO powder | <i>Schizandra chinensis</i> | \$3.20 | \$5.80 | \$18.30 | \$32.70 |
| SCHIZANDRA BERRY, CO whole | <i>Schizandra chinensis</i> | \$3.00 | \$5.50 | \$17.20 | \$30.70 |
| SCULLCAP HERB, CO cut | <i>Scutellaria lateriflora</i> | \$3.40 | \$6.30 | \$20.00 | \$35.70 |
| SCULLCAP HERB, CO powder | <i>Scutellaria lateriflora</i> | \$4.00 | \$7.40 | \$23.60 | \$42.40 |
| SENNA LEAF CO powder | <i>Senna alexandrina</i> | \$1.80 | \$3.00 | \$9.10 | \$15.90 |
| SENNA LEAF, CO cut | <i>Senna alexandrina</i> | \$1.60 | \$2.60 | \$7.60 | \$13.30 |
| SHATAVARI ROOT CO powder | <i>Asparagus racemosus</i> | \$2.10 | \$3.70 | \$11.30 | \$19.90 |
| SHAVEGRASS CO powder | <i>Equisetum aruense</i> | \$2.00 | \$3.50 | \$10.70 | \$18.80 |
| SHAVEGRASS, CO cut | <i>Equisetum aruense</i> | \$1.80 | \$3.00 | \$9.10 | \$15.90 |
| SHEEP SORREL, CO powder | <i>Rumex acetosella</i> | \$4.10 | \$7.60 | \$24.20 | \$43.50 |
| SHEEP SORREL, CO cut | <i>Rumex acetosella</i> | \$2.30 | \$4.20 | \$12.80 | \$22.70 |
| SHITAKE MUSHROOM CO powder | <i>Lentinus elodes</i> | \$3.50 | \$6.40 | \$20.30 | \$36.40 |
| SLIPPERY ELM CO powder | <i>Ulmus fulva</i> | \$3.90 | \$7.30 | \$23.30 | \$41.70 |
| SLIPPERY ELM, CO cut | <i>Ulmus fulva</i> | \$4.70 | \$8.90 | \$28.40 | \$51.10 |
| SPEARMINT LEAF CO cut | <i>Mentha gracilis</i> | \$1.70 | \$2.90 | \$8.60 | \$15.00 |
| SPINACH, CO powder | <i>Spinacea oleracea</i> | \$2.00 | \$3.50 | \$10.70 | \$18.80 |
| SPIRULINA CO powder | <i>Spirulina platensis</i> | \$2.90 | \$5.40 | \$16.80 | \$30.00 |
| SQUAWVINE powder | <i>Mitchella repens</i> | \$6.60 | \$12.70 | \$41.10 | \$74.10 |
| ST JOHNSWORT CO cut | <i>Hypericum perforatum</i> | \$2.10 | \$3.70 | \$11.20 | \$19.70 |
| ST JOHNSWORT, CO powder | <i>Hypericum perforatum</i> | \$2.20 | \$3.90 | \$12.10 | \$21.40 |
| STEVIA 90% EXTRACT | | \$8.30 | \$16.20 | \$52.40 | \$94.70 |
| STEVIA LEAF, CO cut | <i>Stevia repens</i> | \$2.40 | \$4.30 | \$13.40 | \$23.80 |
| STEVIA LEAF, CO powder | <i>Stevia repens</i> | \$2.70 | \$5.00 | \$15.40 | \$27.50 |
| STONE ROOT cut | <i>Collinsonia canadensis</i> | \$3.50 | \$6.40 | \$20.30 | \$36.40 |
| STONE ROOT powder | <i>Collinsonia canadensis</i> | \$3.80 | \$7.00 | \$22.30 | \$40.00 |
| STRAWBERRY LEAF, CO cut | <i>Fragaria vesca</i> | \$1.90 | \$3.20 | \$9.70 | \$17.10 |
| TANSY CO cut | <i>Tanacetum vulgare</i> | \$2.20 | \$3.90 | \$11.80 | \$20.90 |
| TRIBULUS, CO powder | <i>Tribulus terrestris</i> | \$2.30 | \$4.10 | \$12.60 | \$22.30 |
| TRIBULUS, CO cut | <i>Tribulus terrestris</i> | \$1.70 | \$2.90 | \$8.50 | \$14.90 |
| TRIPHALA, CO powder | <i>amalaki, bibitaki, haritaki</i> | \$2.30 | \$4.00 | \$12.30 | \$21.70 |
| TULSI(Holy Basil) CO cut (Rama) | <i>Ovimum tenuiflorum</i> | \$2.40 | \$4.20 | \$13.00 | \$23.10 |
| TULSI(Holy Basil) CO cut (Krishna) | <i>Ovimum tenuiflorum</i> | \$2.40 | \$4.20 | \$13.00 | \$23.10 |
| TULSI(Holy Basil) CO cut (Vana) | <i>Ovimum sanctum</i> | \$2.40 | \$4.20 | \$13.00 | \$23.10 |
| UVA URSI LEAF powder | <i>Arctostaphylos uva ursi</i> | \$2.50 | \$4.40 | \$13.70 | \$24.40 |
| UVA URSI LEAF, CO cut | <i>Arctostaphylos uva ursi</i> | \$2.50 | \$4.40 | \$13.70 | \$24.40 |
| VALERIAN ROOT, CO cut | <i>Valeriana officinales</i> | \$2.90 | \$5.30 | \$16.50 | \$29.40 |
| VALERIAN ROOT, CO powder | <i>Valeriana officinales</i> | \$3.10 | \$5.70 | \$17.90 | \$32.00 |

| Herb Name | Botanical Name | 1 Oz | 2 Oz | 8 Oz | 16 Oz |
|---------------------------------|------------------------------|--------|--------|---------|---------|
| VERVAIN HERB powder | <i>Verbena hastata</i> | \$2.00 | \$3.40 | \$10.40 | \$18.40 |
| VERVAIN HERB, CO cut | <i>Verbena hastata</i> | \$1.70 | \$2.90 | \$8.60 | \$15.00 |
| VETIVER ROOT cut | <i>Vetiveria zizanioides</i> | \$1.70 | \$2.90 | \$8.60 | \$15.10 |
| Watercress CO cut | <i>Nasturtium officinale</i> | \$2.00 | \$3.50 | \$10.60 | \$18.70 |
| Water Hyssop (Brahmi) cut CO | <i>Bacopa monnieri</i> | \$2.30 | \$4.20 | \$12.80 | \$22.70 |
| Water Hyssop (Brahmi) Powder CO | <i>Bacopa monnieri</i> | \$2.30 | \$4.20 | \$12.80 | \$22.70 |
| WHEATGRASS, CO powder | <i>Elytrigia aestivum</i> | \$2.10 | \$3.80 | \$11.50 | \$20.30 |
| WHITE OAK BARK CO powder | <i>Quercus alba</i> | \$2.10 | \$3.80 | \$11.60 | \$20.60 |
| WHITE OAK BARK CO cut | <i>Quercus alba</i> | \$2.30 | \$4.10 | \$12.60 | \$22.30 |
| WHITE WILLOW BARK cut | <i>Salix alba</i> | \$1.70 | \$2.90 | \$8.70 | \$15.30 |
| WHITE WILLOW BARK powder | <i>Salix alba</i> | \$2.10 | \$3.70 | \$11.30 | \$20.00 |
| WILD CHERRY BARK CO cut | <i>Prunus serotina</i> | \$2.70 | \$5.00 | \$15.40 | \$27.50 |
| WILD CHERRY BARK powder | <i>Prunus serotina</i> | \$1.80 | \$3.00 | \$9.10 | \$15.90 |
| WILD LETTUCE LEAF CO cut | <i>Lactuca virosa</i> | \$3.50 | \$6.40 | \$20.30 | \$36.40 |
| WILD LETTUCE LEAF powder | <i>Lactuca virosa</i> | \$3.20 | \$5.80 | \$18.30 | \$32.70 |
| WILD YAM ROOT CO powder | <i>Dioscorea villosa</i> | \$3.50 | \$6.40 | \$20.30 | \$36.40 |
| WILD YAM ROOT, CO cut | <i>Dioscorea villosa</i> | \$3.00 | \$5.50 | \$17.20 | \$30.70 |
| WINTERGREEN LEAF cut | <i>Gaultheria procumbens</i> | \$2.00 | \$3.60 | \$10.90 | \$19.20 |
| WITCH HAZEL BARK cut | <i>Hamamelis virginiana</i> | \$2.30 | \$4.20 | \$12.80 | \$22.70 |
| WITCH HAZEL LEAF CO cut | <i>Hamamelis virginiana</i> | \$3.20 | \$5.80 | \$18.20 | \$32.50 |
| WOOD BETONY CO cut | <i>Stachys officinales</i> | \$1.90 | \$3.20 | \$9.70 | \$17.00 |
| WOOD BETONY powder | <i>Stachys officinales</i> | \$2.00 | \$3.60 | \$10.90 | \$19.20 |
| WORMWOOD CO cut | <i>Artemisia absinthium</i> | \$1.90 | \$3.40 | \$10.20 | \$17.90 |
| WORMWOOD powder | <i>Artemisia absinthium</i> | \$2.10 | \$3.70 | \$11.20 | \$19.70 |
| YARROW Lf&flwr CO cut | <i>Achillea millefolium</i> | \$2.70 | \$4.90 | \$15.20 | \$27.00 |
| YARROW FLOWER powder | <i>Achillea millefolium</i> | \$2.10 | \$3.80 | \$11.50 | \$20.30 |
| YELLOW DOCK ROOT, CO cut | <i>Rumex crispus</i> | \$2.50 | \$4.50 | \$14.00 | \$24.80 |
| YELLOW DOCK ROOT, CO powder | <i>Rumex crispus</i> | \$2.70 | \$5.00 | \$15.40 | \$27.50 |
| YERBA MATE, GREEN LEAF, CO cut | <i>Ilex paraguariensis</i> | \$2.10 | \$3.70 | \$11.20 | \$19.70 |
| YOHIMBE cut | <i>Corynanthe yohimbe</i> | \$2.50 | \$4.50 | \$13.80 | \$24.50 |
| YOHIMBE powder | <i>Corynanthe yohimbe</i> | \$2.50 | \$4.50 | \$14.00 | \$24.80 |
| YUCCA ROOT cut | <i>Yucca filimentosa</i> | \$2.20 | \$3.80 | \$11.70 | \$20.70 |
| YUCCA ROOT powder | <i>Yucca filimentosa</i> | \$2.50 | \$4.50 | \$13.90 | \$24.70 |

DISCLAIMER

We trust you will use common sense and thoroughly research an herb before use. Leaves & Roots is not responsible for the misuse of the plant materials. We can't provide you with medical advice, dosage information, potential drug/herb reactions or assistance with questions relating to injury or illness. We are not licensed practitioners, pharmacists, or researchers. We are legally restricted from answering your health relation questions.

SPICES

| Spice Name | Botanical Name | 1 Ounce | 2 Ounce | 8 Ounce | 16 Ounce |
|------------------------------|----------------------------------|-------------|---------|---------|----------|
| ALLSPICE CO Whole | <i>Pimenta dioica</i> | \$2.30 | \$4.20 | \$12.80 | \$22.70 |
| ALLSPICE CO powder | <i>Pimenta dioica</i> | \$1.60 | \$2.80 | \$8.20 | \$14.40 |
| ANISE SEED,CO whole | <i>Pimpinella anisum</i> | \$2.00 | \$3.40 | \$10.30 | \$18.10 |
| ANISE STAR, CO whole | <i>Pimpinella anisum</i> | \$2.50 | \$4.50 | \$13.90 | \$24.70 |
| ANISE SEED, CO powder | <i>Pimpinella anisum</i> | \$2.10 | \$3.70 | \$11.40 | \$20.10 |
| ARROW ROOT, CO powder | <i>Maranta arundinacea</i> | 4oz Package | \$3.75 | \$5.00 | \$8.50 |
| BASIL LEAF,CO cut | <i>Ocimum basilicum</i> | \$1.40 | \$2.20 | \$6.50 | \$11.20 |
| BAY LEAF, CO cut | <i>Laurus nobilis</i> | \$2.30 | \$4.10 | \$12.60 | \$22.40 |
| CACAO powder CO | <i>Theobromo caco</i> | \$2.70 | \$4.80 | \$15.00 | \$26.70 |
| CACAO NIBS, CO cut | <i>Theobromo caco</i> | \$3.30 | \$6.10 | \$19.30 | \$34.50 |
| CARAWAY SEED, CO whole | <i>Carum carvi</i> | \$1.30 | \$2.20 | \$6.20 | \$10.70 |
| CARDAMON SEED, CO whole | <i>Elettaria cardamomum</i> | \$5.50 | \$10.40 | \$33.30 | \$60.00 |
| CARDAMON SEED, CO powder | <i>Elettaria cardamomum</i> | \$5.80 | \$11.90 | \$35.50 | \$69.20 |
| CAROB med. Rstd powder | <i>Certonia siliqua</i> | \$1.30 | \$2.00 | \$5.80 | \$10.00 |
| CAYENNE, CO Birdseye whole | <i>Capsicum annum</i> | \$3.00 | \$5.40 | \$16.90 | \$30.20 |
| CAYENNE, 160,000 H.U. powder | <i>Capsicum annum</i> | \$1.90 | \$3.20 | \$9.80 | \$17.20 |
| CAYENNE, 90,000 H.U. powder | <i>Capsicum annum</i> | \$1.30 | \$2.10 | \$5.90 | \$10.20 |
| CAYENNE, 40,000 H.U. powder | <i>Capsicum annum</i> | \$1.10 | \$1.70 | \$4.80 | \$8.20 |
| CAYENNE 35,000 H.U. CO pow | <i>Capsicum annum</i> | \$1.90 | \$3.40 | \$10.20 | \$17.90 |
| CELERY SEED, CO whole | <i>Apium graveolens</i> | \$1.50 | \$2.50 | \$7.40 | \$12.90 |
| CELERY SEED, CO powder | <i>Apium graveolens</i> | \$1.80 | \$3.10 | \$9.40 | \$16.50 |
| CHILI POWDER, ANCHO | saltless | \$1.60 | \$2.60 | \$7.70 | \$13.50 |
| CILANTRO, CO cut | <i>Coriandrum sativum</i> | \$2.00 | \$3.60 | \$10.90 | \$19.20 |
| CINNAMON, CO sticks 2.75" | <i>Cinnamomum burmanii</i> | \$1.50 | \$2.60 | \$7.50 | \$13.10 |
| CINNAMON CO cut | <i>Cinnamomum burmanii</i> | \$1.20 | \$1.80 | \$5.10 | \$8.70 |
| CINNAMON CO granules | <i>Cinnamomum burmanii</i> | \$1.20 | \$1.80 | \$5.20 | \$8.80 |
| CINNAMON,CO powder | <i>Cinnamomum burmanii</i> | \$1.10 | \$1.70 | \$4.80 | \$8.10 |
| CLOVES CO whole | <i>Caryophyllus aromaticus</i> | \$3.10 | \$5.70 | \$18.00 | \$32.20 |
| CLOVES, CO powder | <i>Caryophyllus aromaticus</i> | \$2.70 | \$5.00 | \$15.40 | \$27.50 |
| COCOA, CO powder | <i>Theobromo cacao</i> | \$2.70 | \$5.00 | \$15.50 | \$27.60 |
| CORIANDER SEED, CO whole | <i>Coriandrum sativum</i> | \$1.20 | \$1.90 | \$5.50 | \$9.40 |
| CORIANDER SEED, CO powder | <i>Coriandrum sativum</i> | \$1.20 | \$1.80 | \$5.10 | \$8.70 |
| CUMIN SEED, CO whole | <i>Cuminum cyminum</i> | \$1.90 | \$3.30 | \$10.50 | \$18.50 |
| CUMIN SEED, CO powder | <i>Cuminum cyminum</i> | \$2.10 | \$3.80 | \$11.50 | \$20.30 |
| CURRY POWDER, CO powder | No salt Blend | \$2.00 | \$3.50 | \$9.80 | \$18.80 |
| DILL SEED, CO whole | <i>Anethum graveolens</i> | \$1.60 | \$2.80 | \$8.20 | \$14.30 |
| DILL WEED, CO cut | <i>Anethum graveolens</i> | \$2.00 | \$3.40 | \$10.20 | \$18.30 |
| FENNEL SEED, CO whole | <i>Foenilulum vulgare</i> | \$1.20 | \$1.90 | \$5.50 | \$9.40 |
| FENNEL SEED, CO powder | <i>Foenilulum vulgare</i> | \$1.50 | \$2.50 | \$7.30 | \$12.90 |
| FENUGREEK SEED, CO whole | <i>Trigonella foenum graecum</i> | \$0.90 | \$1.30 | \$3.50 | \$5.70 |
| FENUGREEK SEED CO powder | <i>Trigonella foenum graecum</i> | \$1.30 | \$2.10 | \$5.90 | \$10.20 |
| GARLIC, CO minced | <i>Allium sativum</i> | \$1.50 | \$2.50 | \$7.20 | \$12.50 |
| GARLIC, CO powder | <i>Allium sativum</i> | \$1.30 | \$2.10 | \$6.10 | \$10.50 |
| GARLIC CO granules | <i>Allium sativum</i> | \$1.30 | \$2.20 | \$6.20 | \$10.90 |
| GINGER ROOT, CO cut | <i>Zingiber officinalis</i> | \$2.40 | \$4.20 | \$13.10 | \$23.20 |
| GINGER ROOT, CO powder | <i>Zingiber officinalis</i> | \$2.40 | \$4.20 | \$13.10 | \$23.20 |
| ITALIAN SEASONING, CO cut | Blend | \$1.80 | \$3.00 | \$9.10 | \$16.00 |
| | | | | | |

| Spice Name | Botanical Name | 1 Ounce | 2 Ounce | 8 Ounce | 16 Ounce |
|--|--------------------------------|---------|---------|---------|----------|
| JERK SEASONING | <i>Blend No Salt</i> | \$1.80 | \$3.00 | \$9.00 | \$15.70 |
| LEMON PEEL,CO powder | <i>Citrus limon</i> | \$3.10 | \$5.60 | \$17.60 | \$31.50 |
| LEMON PEEL,CO GRANULES | <i>Citrus limon</i> | \$2.70 | \$4.80 | \$14.90 | \$26.50 |
| LEMON PEEL,CO cut | <i>Citrus limon</i> | \$2.60 | \$4.60 | \$14.30 | \$25.40 |
| LEMON PEPPER, CO granules | <i>Spice Blend Salt Free</i> | \$2.50 | \$4.50 | \$14.10 | \$25.00 |
| MARJORAM, CO cut | <i>Origanum majorana</i> | \$1.50 | \$2.60 | \$7.50 | \$13.10 |
| MUSTARD SEED, CO whole | <i>Sinapis alba</i> | \$1.20 | \$1.90 | \$5.40 | \$8.70 |
| MUSTARD SEED, CO powder | <i>Sinapis alba</i> | \$1.30 | \$2.20 | \$6.40 | \$11.00 |
| NUTMEG, CO whole | <i>Myristica fragrans</i> | \$2.70 | \$4.80 | \$15.80 | \$26.70 |
| NUTMEG, CO powder | <i>Myristica fragrans</i> | \$4.00 | \$7.60 | \$24.10 | \$43.20 |
| ONION, CO granules | <i>Allium cepa</i> | \$1.50 | \$2.40 | \$7.10 | \$12.70 |
| ORANGE PEEL, CO cut | <i>Citrus sinensis</i> | \$2.10 | \$3.70 | \$11.20 | \$19.70 |
| ORANGE PEEL, CO granules | <i>Citrus sinensis</i> | \$2.50 | \$4.40 | \$13.60 | \$24.10 |
| OREGANO, CO cut | <i>Origanum vulgare</i> | \$1.70 | \$3.00 | \$8.80 | \$15.50 |
| OREGANO powder | <i>Origanum vulgare</i> | \$1.60 | \$2.70 | \$7.90 | \$14.10 |
| PAPRIKA CO powder | <i>Capsicum annum</i> | \$2.50 | \$4.40 | \$13.70 | \$24.30 |
| PAPRIKA, Hungarian powder | <i>Capsicum annum</i> | \$2.20 | \$3.80 | \$11.70 | \$20.70 |
| PARSLEY FLAKES, CO | <i>Petroselinum crispum</i> | \$2.10 | \$3.70 | \$11.20 | \$19.80 |
| PARSLEY LEAF, CO powder | <i>Petroselinum crispum</i> | \$2.10 | \$3.70 | \$11.30 | \$19.90 |
| PEPPER, black CO whole | <i>Piper nigrum</i> | \$2.50 | \$4.60 | \$14.20 | \$25.20 |
| PEPPER, CO black coarse grind | <i>Piper nigrum</i> | \$2.10 | \$3.70 | \$11.20 | \$19.80 |
| POPPY SEED, CO, blue whole | <i>Papaver somniferum</i> | \$1.80 | \$3.00 | \$9.00 | \$15.70 |
| ROSEMARY LEAF, CO whole | <i>Rosmariunus officinalis</i> | \$1.60 | \$2.80 | \$8.20 | \$14.40 |
| ROSEMARY LEAF CO powder | <i>Rosmariunus officinalis</i> | \$2.10 | \$3.60 | \$10.90 | \$19.30 |
| SAGE CO cut | <i>Salvia officinales</i> | \$1.70 | \$2.90 | \$8.50 | \$14.90 |
| SAGE CO powder | <i>Salvia officinales</i> | \$2.00 | \$3.50 | \$10.80 | \$19.00 |
| SALT, Black Lava | | \$2.20 | \$3.80 | \$11.70 | \$20.70 |
| SALT, Red Alaea | | \$2.20 | \$3.80 | \$11.70 | \$20.70 |
| SALT, Himalayan, fine or coarse | | \$1.20 | \$1.50 | \$4.00 | \$6.70 |
| SAVORY, CO cut | <i>Satureja hortensis</i> | \$1.70 | \$3.00 | \$8.80 | \$15.50 |
| THYME, CO cut | <i>Thymus vulgaris</i> | \$2.00 | \$3.50 | \$10.70 | \$18.80 |
| THYME CO powder | <i>Thymus vulgaris</i> | \$1.50 | \$2.50 | \$7.30 | \$12.70 |
| TURMERIC ROOT CO powder | <i>Curcuma longa</i> | \$2.00 | \$3.50 | \$10.70 | \$18.80 |
| VANILLA powder | <i>Vanilla planifolia</i> | \$2.80 | \$5.10 | \$15.80 | \$28.60 |

TRADITIONAL HERBAL FORMULAS

The U.S. Food and Drug Administration has not evaluated these products.
They are not intended to diagnose, treat, cure or prevent any disease.

POWDER HERB MIXES

All powders are available in a one ounce capsule pack. See our Traditional Herbal Formulas in capsules and a selection of single herb capsules.

| Mix Name | Ingredients | 1 Ounce | 2 Ounce | 8 Ounce | 16 Ounce |
|-----------------------------|---|---------|---------|---------|----------|
| ACNE, MO | Yellowdock root, dandelion rootCO, burdock rootCO, echinacea rootCO, red clover blossomCO, chaparral leaf, gingerCO, kelpCO, licorice rootCO. | \$2.50 | \$4.50 | \$13.90 | \$24.70 |
| ALLERGY, MO | Betonite clay, horehound herbCO, mullien leafCO, wild cherry bark. | \$2.10 | \$3.70 | \$11.10 | \$19.70 |
| ANTIVIRAL, MO | Sarsaparilla, Olive Leaf, Irish Moss, Lemon Balm, Nettle Leaf, Astragalus, Comfrey Rt, Black Walnut Hull, Prickly Ash | \$2.70 | \$4.90 | \$15.10 | \$26.90 |
| ARTHRITIS #1, MO | Alfalfa lfCO, devils claw, burdock rootCO, yucca, celery seedCO, sarsaparilla. | \$2.30 | \$4.00 | \$12.40 | \$21.90 |
| ARTHRITIS #2,MO | Glucosamine sulfate, Devil's Claw,Cat's ClawCO, TumericCO, Yucca, Celery SeedCO. | \$2.90 | \$5.30 | \$16.60 | \$29.60 |
| BLOOD PRESSURE,MO | Hawthorne berryCO, eleuthro rootCO, ginkgo leafCO, motherwort, Reishi mushroom, Olive LeafCO | \$2.70 | \$4.90 | \$15.20 | \$27.10 |
| BRAIN MIX, MO | Chinese Red Ginseng, Gotu kola, ginkgo leafCO, cayenneCO. | \$3.50 | \$6.40 | \$20.20 | \$36.10 |
| BUSTING OUT, MO | Dong quai, damiana, saw palmettoCO ,kava kava, motherwort, fenugreekCO, wild yamCO, blessed thistleCO. | \$2.70 | \$4.80 | \$14.90 | \$26.60 |
| CANDIDA, MO | Barberry bark, pau d'arco, oregan grape root, chamomileCO, garlicCO, thyme. | \$2.60 | \$4.70 | \$14.60 | \$25.90 |
| CHILL PILL,CO | ScullcapCO, Licorice RootCO, Shisandra BerryCO, SpirulinaCO | \$3.10 | \$5.70 | \$17.90 | \$31.90 |
| COLON CLEANSE #1, MO | Aloe, Buckthorn, Barberry, GingerCO, GarlicCO, SennaCO, Csacara Sagrada, Cayenne 40hu | \$2.10 | \$3.70 | \$11.20 | \$19.70 |
| COLON CLEANSE #2, MO | PsylliumCO, flax seedCO, apple pectin, betonite clay, slippery elm bark, fennel seedCO, activated charcoal. | na | \$4.20 | \$13.10 | \$23.20 |
| CHOLESTEROL, MO | Apple Pectin, Black CohoshCO, Hawthorn BerryCO, Plantain Leaf, FenugreekCO | \$2.60 | \$4.70 | \$14.60 | \$25.90 |
| CRAMP, MO | Crampbark, wild yam rootCO, squawvine, black haw | \$4.50 | \$8.40 | \$26.90 | \$48.40 |
| DIABETES,MO | BladderwrackCO, bilberry leafCO, gentain rootCO, dandelion rootCO, red raspberry leafCO, saw palmetto berryCO, uva ursi leaf, kelpCO, parsley leafCO. | \$2.60 | \$4.70 | \$14.60 | \$26.00 |
| DIGESTION, MO | Dandelion root, fennel seed, papaya leaf, ginger root, gentain, cayenne 40hu. | \$2.50 | \$4.50 | \$13.00 | \$23.10 |
| DIURETIC, MO | Cleavers, dandelion rootCO, juniper berryCO, kelpCO, parsley leafCO, uva ursi leaf. | \$2.20 | \$4.00 | \$12.10 | \$21.50 |
| ENERGY, MO | AstragalusCO, bee pollen, ginkgoCO, eleuthro root, foti rootCO, ginger rootCO, gotu kola, licorice rootCO, Chinese red ginseng, saw palmetto berryCO, sarsaparilla root, spirulinaCO. | \$2.80 | \$5.10 | \$15.90 | \$28.30 |
| ESSIAC (E.T.), CO | Sheep sorrelCO, Burdock rootCO, Slippery Elm, Turkey Rhubarb. | \$3.20 | \$5.80 | \$18.20 | \$32.50 |
| FEMALE, MO | Chaste tree berryCO, damiana, dong quai, licorice rootCO, wild yam rootCO, saw palmetto berryCO. | \$3.70 | \$5.80 | \$18.20 | \$32.50 |
| GREENS,MO | AlfalfaCO, barley grassCO, bee pollen, beet rootCO, chlorellaCO, lecithin, dandelion rootCO, nettle leafCO, parsley leafCO, spinachCO, spirulinaCO, wheatgrassCO, kelpCO. | \$2.30 | \$4.10 | \$12.70 | \$22.50 |
| GREENS,MO-GF | AlfalfaCO, bee pollen, beet rootCO, chlorellaCO, lecithin, dandelion rootCO, nettle leafCO, parsley leafCO, spinachCO, spirulinaCO, kelpCO. | \$2.40 | \$4.30 | \$13.10 | \$23.20 |
| GOUT OUTTA HERE, MO | Nettle LeafCO, Celery SeedCO, Prickly Ash Bark, Parsley LeafCO, Alfalfa LeafCO. | \$2.50 | \$4.40 | \$13.70 | \$24.30 |
| Hair, Skin, Nails MO | Nettle Lf, Oatstraw, Shavegrass, Olive, Kelp, Saw Palmetto, Prickly Ash | \$2.50 | \$4.50 | \$13.90 | \$25.00 |
| IMMUNE, MO | Andrographis,Echinacea rtCO, pau d'arco, astragalusCO, cats clawCO, schizandra berryCO, reishi mushroom, shitake mushroom. | \$3.40 | \$6.30 | \$20.00 | \$35.80 |
| Kidney Stone, MO | Gravel root, ginger rootCO, lobelia, marshmallow rootCO, hydreangea. | \$3.00 | \$5.50 | \$17.10 | \$30.60 |
| LIVER, MO | Artichoke, milk thistle seedCO, dandelion rootCO, oregon grape root, schizandraCO, turmericCO, licorice rootCO. | \$2.70 | \$4.80 | \$14.90 | \$26.50 |
| Lower Bowel Tonic MO | Cascara sagrada, cayenneCO, fennel seedCO, gingerCO, lobelia, oregon grape root, red raspberryCO, rhubarb root. | \$2.30 | \$4.00 | \$12.30 | \$21.70 |

| Mix Name | Ingredients | 1 Ounce | 2 Ounce | 8 Ounce | 16 Ounce |
|--------------------------|---|---------|---------|---------|----------|
| Menopause Mix MO | Black cohoshCO, blessed thistleCO, chaste tree berryCO, licorice rootCO, sarsaparilla root, squawvine. | \$3.20 | \$5.80 | \$18.20 | \$32.60 |
| NO-TOX, MO | Burdock rootCO, gingerCO, dandelion rootCO, echinacea rootCO, fenugreek seedCO, hibiscus flowerCO, milk thistle seedCO, red clover blossomCO, sarsaparilla. | \$2.50 | \$4.40 | \$13.60 | \$24.10 |
| PARASITE, MO | Black walnut hullCO, wormwood, quassia, male fern, clovesCO, pumpkin seed. | \$2.10 | \$3.60 | \$10.90 | \$19.20 |
| Pet Invogorate MO | Astragalus*, Hawthorn Berry*, Kelp*, Olive Leaf*, Spirulina*, Watercress | \$2.20 | \$3.90 | \$12.00 | \$21.20 |
| PROSTATE, MO | Echinacea rootCO, ginger rootCO, lobelia, gravel root, parsley, pumpkin seed, pygeum, saw palmetto berry, uva ursi. | \$3.00 | \$5.40 | \$16.90 | \$30.20 |
| RELAXING, MO | Passionflower, valerian rootCO, scullcap herbCO, hops flower. | \$2.70 | \$4.80 | \$16.10 | \$28.80 |
| RESPIRATORY, MO | Chickweed herb, horehoundCO, licorice rootCO, mullien leaf, pleurisy root, saw palmetto berryCO, slippery elm bark, wild cherry bark, cayenneCO. | \$2.70 | \$5.00 | \$17.40 | \$31.10 |
| SUSTENANCE, MO | Alfalfa leafCO, Nettle LeafCO, Garcinia, Green Tea Extract, Hawthorn BerryCO, SpirulinaCO, CacaoCO, Acai Berry, BladderwrackCO, CayenneCO | \$2.90 | \$5.20 | \$16.30 | \$29.00 |
| THYROID, MO | Gentain rootCO, Irish mossCO, saw palmetto berryCO, kelpCO, cayenneCO. | \$2.50 | \$4.60 | \$14.20 | \$25.20 |
| ULTRA MALE MO | TribulusCO, damiana, horny goatweed, sarsapilla,Chinese red ginseng, maca, saw palmettoCO, ginkgo lfCO | \$2.90 | \$5.30 | \$16.40 | \$29.30 |

HERBAL TEA BLENDS

| TEA | INGREDIENTS | 1 Ounce | 2 Ounce | 8 Ounce | 16 Ounce |
|-------------------------------|---|--------------------------|---------|---------|----------|
| BRAIN TEA, CO | Water HyssopCO, gotu kola, scullcapCO, gingerCO, peppermintCO. | \$3.10 | \$5.80 | \$18.10 | \$32.30 |
| BLOOD PRESSURE TEA, CO | Hawthorne leafCO, linden leaf, olive leafCO, mistletoe leaf, motherwort, Hibiscus, spearmint. | \$2.20 | \$3.80 | \$11.60 | \$20.50 |
| CLEAN TEA, CO | Chaparral, HibiscusCO, red cloverCO, alfalfaCO, chamomileCO, licorice rootCO, rosehipsCO, burdock rootCO, slippery elm barkCO, dandelion rootCO | \$2.20 | \$3.80 | \$11.70 | \$20.70 |
| CHILDREN'S TEA, CO | CatnipCO, chamomileCO, lemon balmCO, lemon peelCO, olive leafCO. | \$2.20 | \$3.90 | \$11.90 | \$21.00 |
| CYST TEA CO | Chaste Tree Berry, Cleavers, Lady's Mantle, Red Raspberry lf | \$2.50 | \$4.50 | \$14.00 | \$24.90 |
| DIGESTION TEA, CO | Papaya leafCO, catnipCO, fennelCO, gingerCO, peppermintCO. | \$2.00 | \$3.50 | \$10.60 | \$18.70 |
| E.T. (Essiac tea), CO | Sheep sorrelCO, burdock rootCO, slippery elmCO, turkey rhubarb root. | \$3.10 | \$5.60 | \$17.50 | \$31.30 |
| FLU, CO | elder berryCO, yarrowCO, boneset, echinacea herbCO, St. John's wortCO | \$2.50 | \$4.50 | \$13.90 | \$24.70 |
| HAPPY TEA, CO | st. johnswortCO, lemon balmCO, cinnamonCO, rosemaryCO, scullcapCO. | \$2.20 | \$3.90 | \$11.80 | \$20.90 |
| INSOMNIA TEA, CO | ChamomileCO, scullcapCO, catnipCO, wood betony, spearmintCO. | \$3.10 | \$5.70 | \$17.90 | \$31.90 |
| PREGNANT TEA, CO | Raspberry leafCO, nettle leafCO, spearmintCO, lemon grassCO, lemon peelCO, rosehipsCO, cinnamonCO. | \$1.80 | \$3.20 | \$9.50 | \$16.70 |
| SORE THROAT TEA, CO | Slippery elmCO, licoriceCO, wild cherryCO, cinnamonCO, fennel seedCO, marshmallowCO, orange peelCO. | \$2.20 | \$3.90 | \$11.90 | \$21.00 |
| SMOKING BLEND, CO | damiana leaf CO , coltsfootCO, red cloverCO, wild lettuceCO, mullienCO | \$2.40 | \$4.40 | \$13.50 | \$24.00 |
| CLEAN TEA | Hibiscus, Red Clover, Alfalfa, Chamomile, Licorice, Rose Hips, Burdock, Slippery Elm, Dandelion Root, Chaparral 1.5 ounce kit | 1 ½ oz kit \$7.00 | | | |

BLACK & GREEN TEA

| TEA | 1 Ounce | 2 Ounce | 8 Ounce | 16 Ounce |
|--------------------------------|----------------|----------------|----------------|-----------------|
| CEYLON TEA CO | \$3.80 | \$7.20 | \$22.70 | \$40.70 |
| CHAI TEA, CO cut | \$2.50 | \$4.50 | \$13.80 | \$24.60 |
| EARL GREY TEA CO cut* | \$3.60 | \$6.70 | \$21.20 | \$37.90 |
| ENGLISH BREAKFAST CO | \$2.90 | \$5.30 | \$16.70 | \$29.80 |
| GUNPOWDER TEA, CO cut* | \$2.30 | \$4.10 | \$12.60 | \$22.30 |
| OOLONG TEA CO cut* | \$3.00 | \$5.50 | \$17.20 | \$30.70 |
| SENCHA LEAF TEA CO cut* | \$2.60 | \$4.80 | \$14.80 | \$26.40 |
| WHITE TEA, CO | \$3.50 | \$6.50 | \$20.50 | \$36.70 |
| YOUNG HYSSON TEA cut* | \$2.20 | \$3.80 | \$11.60 | \$20.50 |

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CAPSULES

All capsules are Veggie caps and in a 1 ounce pack. Capsule count is approximate.

The U.S. Food and Drug Administration has not evaluated these products.

They are not intended to diagnose, treat, cure or prevent any disease.

TRADITIONAL HERBAL FORMULAS

| Mix Name | Ingredients (look in the back of the catalog for Herb info!) | 1 oz pack |
|---------------------------|---|-----------|
| Acne Mix, MO capsules | Yellowdock root, dandelion rootCO, burdock rootCO, echinacea rootCO, red clover blossomCO, chaparral leaf, gingerCO, kelpCO, licorice rootCO. | 4.60 |
| Allergy Mix, MO capsules | Betonite clay, horehound herbCO, mullien leafCO, wild cherry bark. | 4.20 |
| Antiviral Mix,MO capsules | Sarsaparilla, Olive Leaf, Lemon Balm, Nettle Leaf, Astragalus, Comfrey Rt, Black Walnut Hull, Prickly Ash | 4.80 |
| Arthritis #1 MO capsules | Alfalfa lfCO, devils claw, burdock rootCO, yucca, celery seedCO, sarsaparilla. | 4.40 |
| Arthritis #2 Mix,MO cap | Glucosamine sulfate, Devil's Claw,Cat's ClawCO, TumericCO, Yucca, Celery SeedCO. | 5.00 |
| Blood Pressure Mix, MO | Hawthorne berryCO, eleuthro rootCO, ginkgo leafCO, motherwort, Reishi mushroom, Olive LeafCO | 4.80 |
| Brain Mix, M.O. caps | Chinese Red Ginseng, Gotu kola, ginkgo leafCO, cayenneCO. | 5.60 |
| Busting Out Mix, MO caps | Dong quai, damiana, saw palmettoCO ,kava kava, motherwort, fenugreekCO, wild yamCO, blessed thistleCO. | 4.70 |
| Candida Mix, MO caps | Barberry bark, pau d'arco, oregan grape root, chamomileCO, garlicCO, thyme. | 4.70 |
| Chill Pill, M.O. capsules | ScullcapCO, Licorice RootCO, Shisandra BerryCO, SpirulinaCO | 5.00 |
| Cholesterol Mix, MO caps | Apple Pectin, Black CohoshCO, Hawthorn BerryCO, Plantain Leaf, FenugreekCO | 4.70 |
| Colon Cleanse #1 MO | Aloe, Buckthorn, Barberry, GingerCO, GarlicCO, SennaCO, Cayenne 40hu | 4.20 |
| Colon Cleanse #2 MO | PsylliumCO, flax seedCO, apple pectin, betonite clay, slippery elm bark, fennel seedCO, activated charcoal. | 4.50 |
| Cramp Mix, MO caps | Crampbark, wild yam rootCO, squawvine, black haw | 6.60 |
| Diabetes Mix, MO caps | BladderwrackCO, bilberry leafCO, gentain rootCO, dandelion rootCO, red raspberry leafCO, saw palmetto berryCO, uva ursi leaf, kelpCO, parsley leafCO. | 4.60 |
| Digestion Mix, MO caps | Dandelion root, fennel seed, papaya leaf, ginger root, gentain, cayenne 40hu. | 4.40 |
| Diuretic Mix, MO caps | Cleavers, dandelion rootCO, juniper berryCO, kelpCO, parsley leafCO, uva ursi leaf. | 4.20 |
| Energy Mix, MO caps | AstragalusCO, bee pollen, ginkgoCO, eleuthro root, foti rootCO, ginger rootCO, gotu kola, licorice rootCO, Chinese red ginseng, saw palmetto berryCO, sarsaparilla root, spirulinaCO. | 4.90 |
| Essiac Mix, MO caps | Sheep sorrelCO, Burdock rootCO, Slippery Elm, Turkey Rhubarb. | 5.30 |
| Female Mix, MO caps | Chaste tree berryCO, damiana, dong quai, licorice rootCO, wild yam rootCO, saw palmetto berryCO. | 4.70 |
| Gout Outta Here, MO caps | Nettle LeafCO, Celery SeedCO, Prickly Ash Bark, Parsley LeafCO, Alfalfa LeafCO. | 4.60 |
| Hair, Skin, Nails MO caps | Nettle Lf, Oatstraw, Shavegrass, Olive, Kelp, Saw Palmetto, Prickly Ash | 4.60 |
| Greens Mix, MO caps | AlfalfaCO, barley grassCO, bee pollen, beet rootCO, chlorellaCO, moringa, dandelion rootCO, nettle leafCO, parsley leafCO, spinachCO, spirulinaCO, wheatgrassCO, kelpCO. | 4.50 |
| Immune Mix, MO caps | Andrographis,Echinacea rtCO, pau d'arco, astragalusCO, cats clawCO, schizandra berryCO, reishi mushroom, shitake mushroom. | 5.50 |
| Kidney Stone Mix, MO | Gravel root, ginger rootCO, lobelia, marshmallow rootCO, hydreangea. | 5.10 |
| Liver Mix, MO caps | Artichoke, milk thistle seedCO, dandelion rootCO, oregon grape root, schizandraCO, turmericCO, licorice rootCO. | 4.60 |
| Lower Bowel Tonic MO | Cascara sagrada, cayenneCO, fennel seedCO, gingerCO, lobelia, oregon grape root, red raspberryCO, rhubarb root. | 4.40 |
| Menopause Mix, MO caps | Black cohoshCO, blessed thistleCO, chaste tree berryCO, licorice rootCO, sarsaparilla root, squawvine. | 5.30 |
| No-Tox Mix, MO caps | Burdock rootCO, gingerCO, dandelion rootCO, echinacea rootCO, fenugreek seedCO, hibiscus flowerCO, milk thistle seedCO, red clover blossomCO, sarsaparilla. | 4.60 |
| Parasite Mix, MO caps | Black walnut hullCO, wormwood, quassia, male fern, clovesCO, pumpkin seed. | 4.20 |
| Prostate Mix MO caps | Echinacea rootCO, ginger rootCO, lobelia, gravel root, parsley, pumpkin seed, pygeum, saw palmetto berry, uva ursi. | 5.10 |
| Relaxing Mix, MO caps | Passionflower, valerian rootCO, scullcap herbCO, hops flower. | 4.90 |
| Respiratory Mix, MO caps | Chickweed herb, horehoundCO, licorice rootCO, mullien leaf, pleurisy root, saw palmetto berryCO, slippery elm bark, wild cherry bark, cayenneCO. | 5.10 |
| Sustenance Mix, MO caps | Alfalfa leafCO, Nettle LeafCO, Garcinia, Green Tea Extract, Hawthorn BerryCO, SpirulinaCO, CacaoCO, Acai Berry, BladderwrackCO, CayenneCO | 5.00 |
| Thyroid Mix, MO caps | Gentain rootCO, Irish mossCO, saw palmetto berryCO, kelpCO, cayenneCO. | 4.60 |
| Ultra Male Mix, MO caps | TribulusCO, damiana, horny goatweed, sarsaprilla,Chinese red ginseng, maca, saw palmettoCO, ginkgo lfCO | 5.00 |
| Full Body De-tox Kit | No-tox, Kidney, Liver and Colon #1 and #2 Mix | 35.00 |

SINGLE HERB CAPSULES

| Herb Powder Name | Botanical Name | 1 oz pack |
|-----------------------------------|----------------------------|------------------|
| Alfalfa Leaf CO capsules 1 OZ | Medicago sativa | 3.80 |
| Aloe capsules 1 oz | Aloe vera | 4.90 |
| Anamu Capsules 1oz | Petiveria Alliacea | 4.00 |
| Andrographis capsule 1 oz | Andrographis paniculata | 4.00 |
| Ashwagandha capsules CO 1 OZ. | Withania somnifera | 4.80 |
| Astragalus capsules, CO 1 oz | Astragalus membranaceus | 4.70 |
| Bee Pollen Caps 1 oz | Eebay ollenpay | 3.80 |
| Bentonite Clay capsules 1 oz | Montmorillinite | 3.30 |
| Bilberry Leaf, CO caps 1oz | Vaccinium myrtillus | 4.80 |
| Bitter Melon capsules 1oz | Momordica charantia | 4.10 |
| Black Cohosh caps CO 1 OZ. | Cimicifuga racemosa | 6.40 |
| Bladderwrack capsules 1 oz | Fucus vesiculosus | 3.40 |
| Bromelain Capsules 1oz | Ananas comosus | 5.90 |
| Burdock Root CO capsules 1 OZ | Arctium lappa | 4.30 |
| Butchers Broom Capsules 1 oz | Ruscus aculeatus | 4.60 |
| Cascara Sagrada capsules 1oz | Rhamnus purshiana | 4.50 |
| Cats Claw capsules CO 1 OZ. | Unicaria tomentosa | 4.10 |
| Cayenne, 40000 HU CO caps 1oz | Capsicum annum | 5.35 |
| Chanca Piedra capsules 1 oz | Quebra pedra | 4.90 |
| Chaparral capsules 1oz | Larrea Tridentat | 3.90 |
| Chaste Tree Berry CO caps 1 OZ | Vitex agnus castus | 4.20 |
| Cinnamon, CO caps 1oz | Cinnamomun burmanii | 3.20 |
| Cloves capsules 1oz (in Gel Caps) | Syzygium aromaticus | 4.00 |
| Damiana Leaf capsules 1oz | Turnera diffusa | 3.80 |
| Dandelion Root, CO caps 1oz | Taraxacum officinale | 4.30 |
| Devils Claw capsules 1oz | Harpagophytum procumbens | 5.30 |
| Dong Quai capsules 1oz | Angelica sinensis | 3.60 |
| Echinacea Root, CO caps 1oz | Echinacea angustifolia | 7.60 |
| Eleuthero Root capsules 1oz | Eleutherococcus senticosis | 3.40 |
| Eyebright Herb capsules 1oz | Euphrasia officinales | 4.70 |
| Fenugreek Seed, CO caps 1oz | Trigonella foenum graecum | 3.40 |
| Feverfew capsules 1oz | Tanacetum parthenium | 3.80 |
| Foti (ho shou wu) caps 1oz | Polygonum multiflorum | 3.60 |
| Garcinia, Ext. capsules 1oz | Garcinia cambogia | 5.90 |
| Garlic Capsules CO 1 oz | Allium sativum | 3.50 |
| Ginger Root, CO caps 1oz | Zingiber officinalis | 4.40 |
| Ginkgo Leaf, CO caps 1oz | Ginkgo biloba | 4.30 |
| Ginseng, American capsule 1oz | Panax quinquefolium | 14.90 |
| Ginseng, Chinese red cap 1oz | Panax ginseng | 16.70 |
| Glucosamine Sulfate cap 1oz | From shellfish | 8.70 |
| Goldenseal Root capsules 1oz | Hydrastis Canadensis | 14.00 |
| Gotu Kola Herb CO capsules 1oz | Centella asiatica | 3.60 |
| Graviola Capsules 1 oz | Annona muricata | 5.30 |
| Hawthorne Berry CO capsules 1oz | Crataegus oxycanthus | 4.10 |
| Horny Goatweed capsules 1oz | Epimedium sagittatum | 3.80 |

| | | |
|--------------------------------|-------------------------|------|
| Kava Kava capsules 1oz | Piper methysticum | 5.20 |
| Kelp, Atlantic, CO caps 1oz | Ascophyllum nodosum | 3.30 |
| Kudzu capsules 1 oz | Pueraria thomsonii | 5.00 |
| Milk Thistle, CO caps 1oz | Silybum marianum | 4.20 |
| MSM Capsules 1 oz | methylsulfonylmethane | 4.60 |
| Moringa Capsules | Moringa olifera | 5.10 |
| Neem Leaf Capsules 1oz | Azadirachta indica | 3.60 |
| Nettle Leaf, CO caps 1oz | Urtica dioica | 3.70 |
| Noni Fruit Capsules 1oz | Morinda citrifolia | 3.70 |
| Olive Leaf, CO caps 1oz | Olea europaea | 4.40 |
| Oregon Grape Root caps 1oz | Mohonia aquifolium | 5.50 |
| Pau D Arco Bark capsules 1oz | Tabebuia avellanadea | 3.50 |
| Psyllium Husk CO capsules 1oz | Plantago ovate | 3.30 |
| Red Raspberry Leaf CO caps 1oz | Rubus idaeus | 3.80 |
| Red Clover CO capsules 1oz | Trifolium pratense | 4.90 |
| Reishi Mushroom capsules 1oz | Ganoderma lucidum | 8.20 |
| Sarsaparilla, Mex caps 1oz | Smilax medica | 4.20 |
| Saw Palmetto CO capsules 1oz | Serenoa repens | 5.60 |
| Schizandra Berry, CO caps 1oz | Schizandra chinensis | 4.50 |
| Scullycap Capsules, CO 1 oz | Scutellaria lateriflora | 6.10 |
| Senna Leaf CO Capsules 1oz | Senna alexandrina | 4.00 |
| Shavegrass CO capsules 1 OZ | Equisetum arvense | 4.10 |
| Spirulina CO capsules 1oz | Spirulina platensis | 5.15 |
| St. Johnswort capsules CO 1 OZ | Hypericum perforatum | 4.30 |
| Tribulus Capsules CO 1 OZ. | Tribulus terrestris | 4.40 |
| Turmeric CO capsules 1 OZ | Curcuma longa | 4.10 |
| Uva Ursi Leaf capsules 1oz | Arctostaphylos uva ursi | 3.80 |
| Valerian Root, CO caps 1oz | Valeriana officinales | 5.20 |
| White Willow Bark caps 1oz | Salix alba | 4.20 |
| Wormwood capsules 1oz | Artemisia absinthium | 4.20 |
| Yohimbe capsules 1oz | Pausinystalia yohimbe | 4.80 |

DISCLAIMER:

We trust you will use common sense and thoroughly research an herb before use. Leaves & Roots is not responsible for the misuse of the plant materials. We can't provide you with medical advice, dosage information, potential drug/herb reactions or assistance with questions relating to injury or illness. We are not licensed practitioners, pharmacists, or researchers. We are legally restricted from answering your health relation questions.

ESSENTIAL OILS

An essential oil is a concentrated hydrophobic liquid containing volatile aroma compounds from plants extracted by distillation, expression, or by a solvent. An oil is "essential" in the sense that it carries a distinctive scent, or essence, of the plant and is used in perfumes, beauty care, soaps, aromatherapy, massage, household cleaning products, etc... They are not for human consumption and always dilute essential oils with a carrier oil first before applying to skin. Apply a tiny amount on underside of arm on soft skin to test for any reaction.

-PRICES SUBJECT TO CHANGE-

| Essential Oil | 1/3 Ounce | 1 Ounce | 2 Ounce | 4 Ounce | 8 Ounce | 16 Ounce |
|------------------------|-----------|---------|---------|---------|----------|----------|
| ALMOND, bitter | \$3.50 | \$7.40 | \$13.00 | \$23.50 | \$42.20 | \$76.00 |
| AMBER | \$5.60 | \$13.50 | \$24.70 | \$45.40 | \$82.50 | \$149.50 |
| ANISE SEED | \$6.00 | \$14.70 | \$27.10 | \$49.80 | \$90.70 | \$164.50 |
| ARNICA | \$4.40 | \$10.00 | \$18.10 | \$33.00 | \$59.80 | \$108.10 |
| BALSAM FIR | \$6.40 | \$15.80 | \$29.30 | \$54.00 | \$98.30 | \$178.40 |
| BENZOIN, resinabsolute | \$8.60 | \$22.10 | \$41.30 | \$76.50 | \$139.70 | \$254.00 |
| Bergamot | \$6.90 | \$17.20 | \$31.60 | \$58.30 | \$106.40 | \$193.10 |
| BIRCH | \$4.10 | \$9.20 | \$16.60 | \$30.20 | \$54.50 | \$98.50 |
| CAJUPUT | \$3.40 | \$7.20 | \$12.70 | \$22.90 | \$41.10 | \$73.90 |
| CALAMUS | \$9.20 | \$23.80 | \$44.60 | \$82.70 | \$151.20 | \$275.00 |
| CAMPHOR | \$4.00 | \$9.00 | \$16.10 | \$29.20 | \$52.80 | \$95.30 |
| CATNIP | \$7.10 | \$17.70 | \$32.90 | \$60.80 | \$111.00 | \$201.50 |
| CEDARWOOD, VA | \$3.40 | \$7.10 | \$12.50 | \$22.50 | \$40.50 | \$72.90 |
| CHAMOMILE 5th | \$7.30 | \$18.20 | \$33.80 | \$62.50 | \$114.00 | \$207.00 |
| CINNAMON BARK 5th | \$7.30 | \$18.40 | \$34.30 | \$63.30 | \$115.60 | \$209.90 |
| CINNAMON LEAF | \$4.50 | \$10.40 | \$18.80 | \$34.40 | \$62.30 | \$112.60 |
| CITRONELLA | \$2.80 | \$5.50 | \$9.30 | \$16.50 | \$29.40 | \$52.50 |
| CLARY SAGE | \$4.90 | \$11.40 | \$20.80 | \$38.10 | \$69.10 | \$125.10 |
| CLOVE | \$5.40 | \$13.00 | \$23.90 | \$43.90 | \$79.80 | \$144.60 |
| CORIANDER | \$6.30 | \$15.60 | \$28.80 | \$53.00 | \$96.50 | \$175.10 |
| CYPRESS | \$8.40 | \$21.50 | \$40.30 | \$74.60 | \$136.30 | \$247.70 |
| EUCALYPTUS Citidoria | \$3.20 | \$6.70 | \$11.80 | \$21.10 | \$37.90 | \$68.00 |
| EUCALYPTUS Globulus | \$2.30 | \$4.10 | \$6.60 | \$11.50 | \$20.10 | \$35.60 |
| FENNEL | \$6.10 | \$14.90 | \$27.60 | \$50.70 | \$92.40 | \$167.60 |
| FIR NEEDLE | \$5.60 | \$13.50 | \$24.80 | \$45.60 | \$82.90 | \$150.30 |
| FRANKINCENSE | \$9.60 | \$24.80 | \$46.60 | \$86.50 | \$158.20 | \$287.70 |
| GINGER, 1st | \$7.30 | \$18.40 | \$34.30 | \$63.40 | \$115.70 | \$210.10 |
| GRAPEFRUIT | \$3.90 | \$8.60 | \$15.30 | \$27.80 | \$50.20 | \$90.50 |
| JASMINE, 5th | \$8.60 | \$22.00 | \$41.10 | \$76.20 | \$139.20 | \$253.00 |
| JUNIPER BERRY | \$8.50 | \$21.70 | \$40.60 | \$75.20 | \$137.40 | \$249.90 |
| LAVENDER | \$7.20 | \$17.90 | \$33.30 | \$61.50 | \$112.10 | \$203.60 |
| LEMON BALM (Melissa) | \$5.00 | \$11.70 | \$21.30 | \$39.00 | \$70.80 | \$128.10 |
| LEMON GRASS | \$4.00 | \$9.10 | \$16.30 | \$29.60 | \$53.50 | \$96.60 |
| LEMON OIL | \$2.90 | \$6.00 | \$10.30 | \$18.30 | \$32.80 | \$58.70 |
| LIME OIL | \$3.50 | \$7.50 | \$13.30 | \$24.00 | \$43.10 | \$77.60 |
| MISTLETOE | \$4.10 | \$9.30 | \$16.80 | \$30.50 | \$55.20 | \$99.70 |
| MUGWORT | \$6.80 | \$16.80 | \$31.20 | \$57.50 | \$104.90 | \$190.40 |
| MYRRH | \$6.00 | \$14.50 | \$26.80 | \$49.30 | \$89.70 | \$162.70 |

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|------------------------------|--------|---------|---------|---------|----------|----------|
| MYRTLE | \$8.10 | \$20.70 | \$38.60 | \$71.50 | \$130.50 | \$237.20 |
| NEEM | \$2.40 | \$4.40 | \$7.30 | \$12.70 | \$22.40 | \$39.80 |
| NEROLI 5th | \$4.70 | \$10.90 | \$19.80 | \$36.20 | \$65.50 | \$118.60 |
| NIAOULI | \$8.30 | \$21.20 | \$39.70 | \$73.50 | \$134.20 | \$244.00 |
| NUTMEG | \$7.30 | \$18.20 | \$33.80 | \$62.40 | \$113.90 | \$206.90 |
| OAKMOSS | \$5.40 | \$13.00 | \$23.80 | \$43.60 | \$79.30 | \$143.80 |
| ORANGE | \$1.90 | \$3.00 | \$4.50 | \$7.50 | \$12.90 | \$22.50 |
| ORRIS ROOT | \$5.30 | \$12.60 | \$23.10 | \$42.40 | \$77.00 | \$139.60 |
| PALMAROSA | \$6.70 | \$16.70 | \$30.90 | \$57.00 | \$103.80 | \$188.50 |
| PATCHOULI | \$7.40 | \$18.60 | \$34.60 | \$64.00 | \$116.70 | \$212.00 |
| PENNYROYAL | \$8.30 | \$21.00 | \$39.30 | \$72.80 | \$132.90 | \$241.60 |
| PEPPERMINT | \$4.50 | \$10.40 | \$18.80 | \$34.30 | \$62.10 | \$112.30 |
| PETTIGRAIN | \$4.90 | \$11.50 | \$21.00 | \$38.40 | \$69.60 | \$126.00 |
| PINE NEEDLE | \$3.60 | \$7.70 | \$13.70 | \$24.70 | \$44.50 | \$80.10 |
| POMEGRANATE | \$7.40 | \$18.60 | \$34.60 | \$64.00 | \$116.70 | \$212.00 |
| ROSEMARY | \$3.40 | \$7.40 | \$13.00 | \$23.30 | \$42.00 | \$75.50 |
| RUE, 5 th | \$3.90 | \$8.70 | \$15.50 | \$28.20 | \$50.90 | \$91.80 |
| SAGE | \$8.30 | \$21.10 | \$39.40 | \$73.00 | \$133.40 | \$242.50 |
| SEA BUCKTHORN OIL | \$7.00 | \$17.40 | \$32.30 | \$59.60 | \$108.70 | \$197.30 |
| SPEARMINT | \$4.90 | \$11.40 | \$20.80 | \$38.10 | \$69.10 | \$125.10 |
| SPRUCE | \$5.50 | \$13.10 | \$24.10 | \$44.20 | \$80.40 | \$145.70 |
| TANGERINE | \$2.70 | \$5.30 | \$8.90 | \$15.70 | \$28.00 | \$50.00 |
| TEA TREE | \$3.70 | \$8.20 | \$14.60 | \$26.50 | \$47.70 | \$86.00 |
| THUJA | \$7.30 | \$18.40 | \$34.30 | \$63.40 | \$115.70 | \$210.10 |
| THYME (white) | \$4.10 | \$9.20 | \$16.40 | \$29.80 | \$53.90 | \$97.30 |
| TONKA BEAN | \$4.70 | \$11.00 | \$19.90 | \$36.50 | \$66.10 | \$119.60 |
| VANILLA 5th | \$4.70 | \$11.00 | \$19.90 | \$36.40 | \$66.00 | \$119.30 |
| VETIVER | \$6.90 | \$17.10 | \$31.70 | \$58.50 | \$106.60 | \$193.50 |
| WINTERGREEN | \$3.80 | \$8.30 | \$14.80 | \$26.80 | \$48.30 | \$87.10 |
| WORMWOOD, 2 nd | \$7.40 | \$18.70 | \$34.80 | \$64.40 | \$117.40 | \$213.30 |
| Ylang Yalang 5 th | \$5.50 | \$13.50 | \$24.50 | \$45.20 | \$82.00 | \$148.60 |

EXPENSIVE OILS

| Essential Oil | 5/8 dram | 1/3 Ounce | 1 Ounce |
|---------------------|----------|-----------|----------|
| CARROT SEED | \$4.50 | \$18.00 | \$48.50 |
| CHAMOMILE GERMAN | \$14.00 | \$59.80 | ----- |
| CHAMOMILE ROMAN | \$34.80 | \$34.80 | \$96.40 |
| HELICHRYSUM | \$13.00 | \$54.40 | \$151.90 |
| ROSE ABSOLUTE, W.S. | \$10.50 | \$41.70 | \$115.80 |
| SANDALWOOD, Parvati | \$6.50 | \$21.70 | \$59.10 |
| SANDALWOOD, Mysore | \$10.50 | \$43.30 | --- |
| SPIKENARD, CO | \$8.00 | \$34.50 | \$95.60 |
| THYME (red) | \$21.60 | \$21.60 | \$58.90 |
| YARROW, White | \$20.90 | \$20.90 | \$57.00 |

ESSENTIAL OIL BLENDS

Usually used as perfumes, these oils are blended from only pure plant pressings and the same precautions and joys should be taken for the blends as essential oils.

| Essential Blend | 1/3 Ounce | 1 Ounce | 2 Ounce | 4 Ounce | 8 Ounce | 16 Ounce |
|------------------------|-----------|---------|---------|----------|----------|----------|
| BAYBERRY | \$4.40 | \$10.10 | \$18.30 | \$33.40 | \$60.40 | \$109.10 |
| BLUE NILE | \$4.60 | \$10.70 | \$19.40 | \$35.40 | \$64.10 | \$116.00 |
| FRANKINCENSE, Tunisian | \$5.50 | \$13.30 | \$24.40 | \$44.90 | \$81.60 | \$148.00 |
| HIGH JOHN | \$5.10 | \$12.00 | \$21.90 | \$40.30 | \$73.00 | \$132.20 |
| NIGHT QUEEN | \$6.50 | \$16.00 | \$29.50 | \$54.50 | \$99.20 | \$180.00 |
| OPIUM, French | \$4.60 | \$10.60 | \$19.30 | \$35.30 | \$63.80 | \$115.40 |
| OPIUM, Tunisian | \$5.40 | \$13.10 | \$23.90 | \$44.00 | \$79.90 | \$144.80 |
| ORANGE BLOSSOM | \$4.80 | \$11.30 | \$20.60 | \$37.80 | \$68.40 | \$123.80 |
| PATCHOULI, Tunisian | \$15.30 | \$41.10 | \$77.90 | \$145.30 | \$266.20 | \$485.00 |
| SPICE TREE | \$4.50 | \$10.30 | \$18.60 | \$34.00 | \$61.50 | \$111.20 |

SPECIALTY OILS

| SPECIALTY OILS: | 1/3 Ounce | 1 Ounce | 2 Ounce | 4 Ounce | 8 Ounce | 16 Ounce |
|----------------------|-----------|---------|---------|---------|---------|----------|
| EVENING PRIMROSE OIL | \$3.30 | \$7.00 | \$12.30 | \$22.00 | \$39.70 | \$71.30 |
| ROSEHIP OIL | \$4.30 | \$8.60 | \$15.30 | \$27.70 | \$50.00 | \$90.20 |
| VITAMIN E OIL | ----- | \$7.00 | \$10.00 | | | |

CARRIER OILS

| Carrier Oil: | 4 Ounce | 8 Ounce | 16 Ounce |
|-------------------------|---------|---------|----------|
| ALOE VERA GEL | \$4.50 | \$6.80 | \$11.00 |
| APRICOT KERNEL OIL | \$5.20 | \$8.30 | \$13.70 |
| AVOCADO OIL, CO | \$7.70 | \$13.20 | \$22.90 |
| CASTOR OIL, CO | \$5.60 | \$8.90 | \$15.00 |
| COCONUT OIL CO, refined | \$7.10 | \$12.00 | \$20.70 |
| GRAPESEED OIL | \$5.40 | \$8.70 | \$14.40 |
| HEMP OIL, CO | \$10.30 | \$18.20 | \$32.40 |
| JOJOBA OIL, CO | \$25.10 | \$46.90 | \$86.50 |
| OLIVE OIL, CO | \$5.00 | \$7.80 | \$12.90 |
| MACADAMIA NUT OIL, CO | \$8.60 | \$14.90 | \$26.10 |
| SESAME OIL | \$6.60 | \$11.00 | \$18.80 |
| SWEET ALMOND OIL | \$5.40 | \$8.70 | \$14.40 |
| VEGETABLE GLYCERINE | \$4.40 | \$6.70 | \$10.80 |
| WITCH HAZEL EXTRACT | \$4.60 | \$7.20 | \$11.60 |

FRAGRANCE OILS

Fragrance Oils are man-made synthetic compounds to simulate true plant essential oils and the Ambergris and Civit get to be animal-free. Fragrance Oils are most often used in crafts because the fragrance created can stay 'fixed' while an essential oil can be volatile and delicate.

| Fragrance Oil | 1/3 Ounce | 1 Ounce | 2 Ounce | 4 Ounce | 8 Ounce | 16 Ounce |
|-------------------|-----------|---------|---------|---------|---------|----------|
| AMBERGRIS | \$4.90 | \$11.40 | \$20.80 | \$37.90 | \$68.90 | \$124.80 |
| CARNATION | \$4.40 | \$10.10 | \$18.30 | \$33.30 | \$60.40 | \$109.10 |
| CHANEL #5 | \$5.00 | \$11.70 | \$21.30 | \$38.90 | \$70.70 | \$128.00 |
| CHOCOLATE | \$3.80 | \$8.40 | \$15.00 | \$27.00 | \$48.90 | \$88.10 |
| CIVIT | \$5.00 | \$11.70 | \$21.20 | \$38.80 | \$70.50 | \$127.70 |
| CRANBERRY | \$4.40 | \$10.10 | \$18.30 | \$33.30 | \$60.40 | \$109.10 |
| FRANGIPANI | \$3.90 | \$8.70 | \$15.50 | \$28.00 | \$50.60 | \$91.30 |
| FREEZIA | \$4.20 | \$9.40 | \$16.90 | \$30.70 | \$55.60 | \$100.40 |
| GARDENIA | \$4.20 | \$9.40 | \$16.90 | \$30.70 | \$55.60 | \$100.30 |
| GEORGIO RED | \$5.20 | \$12.50 | \$22.80 | \$41.80 | \$76.10 | \$137.80 |
| GREEN APPLE | \$3.80 | \$8.40 | \$15.00 | \$27.00 | \$48.90 | \$88.10 |
| HEATHER, Nathans | \$3.80 | \$8.40 | \$15.00 | \$27.00 | \$48.90 | \$88.10 |
| HEATHER, Irish | \$4.70 | \$11.10 | \$20.10 | \$36.70 | \$66.70 | \$120.60 |
| HELIOTROPE | \$4.40 | \$10.10 | \$18.30 | \$33.30 | \$60.40 | \$109.10 |
| HONEYSUCKLE | \$5.40 | \$12.80 | \$23.50 | \$43.10 | \$78.50 | \$142.20 |
| LEMON VERBENA | \$4.10 | \$9.10 | \$16.40 | \$29.70 | \$53.70 | \$96.90 |
| LILAC, Blue | \$4.80 | \$11.20 | \$20.40 | \$37.30 | \$67.70 | \$122.60 |
| LILY OF VALLEY | \$4.40 | \$10.10 | \$18.30 | \$33.30 | \$60.40 | \$109.10 |
| LOTUS BLOSSOM | \$4.70 | \$10.80 | \$19.60 | \$35.80 | \$65.00 | \$117.60 |
| MAGNOLIA | \$4.40 | \$10.10 | \$18.30 | \$33.30 | \$60.40 | \$109.10 |
| MUSK, Egyptian | \$5.40 | \$12.90 | \$23.70 | \$43.40 | \$78.90 | \$143.00 |
| MUSK, China | \$4.80 | \$11.20 | \$20.40 | \$37.30 | \$67.70 | \$122.60 |
| ORCHID | \$4.50 | \$10.50 | \$19.00 | \$34.60 | \$62.90 | \$113.70 |
| PEACH, fresh | \$4.70 | \$10.80 | \$19.60 | \$35.80 | \$65.00 | \$117.60 |
| PINEAPPLE | \$3.80 | \$8.40 | \$15.00 | \$27.00 | \$48.90 | \$88.10 |
| RAIN, Summer | \$5.10 | \$11.90 | \$21.80 | \$39.80 | \$72.40 | \$131.20 |
| ROSE, Victorian | \$4.00 | \$8.90 | \$16.00 | \$28.90 | \$52.30 | \$94.40 |
| STRAWBERRY FIELDS | \$3.90 | \$8.60 | \$15.30 | \$27.70 | \$50.00 | \$90.20 |
| VIOLET, African | \$3.90 | \$8.60 | \$15.30 | \$27.70 | \$50.00 | \$90.20 |
| VIOLET, French | \$3.90 | \$8.60 | \$15.30 | \$27.70 | \$50.00 | \$90.20 |
| WISTERIA | \$4.10 | \$9.20 | \$16.50 | \$29.80 | \$54.00 | \$97.60 |

| SINGLE HERB EXTRACTS | |
|----------------------|---------|
| Andrographis | \$13.00 |
| Arnica | \$13.50 |
| Artemisia Annua | \$13.00 |
| Ashwagandha | \$13.00 |
| Asian Ginseng | \$24.00 |
| Astragalus | \$13.00 |
| Black Cohosh | \$13.00 |
| Black Elderberry | \$13.00 |
| Black Walnut | \$13.00 |
| Blessed Thistle | \$12.50 |
| Bloodroot | \$13.00 |
| Blue Cohosh | \$13.00 |
| Blue Vervain | \$13.00 |
| Boneset | \$12.50 |
| Bugleweed | \$13.00 |
| Burdock Blend | \$12.50 |
| Butchers Broom | \$13.00 |
| California Poppy | \$13.00 |
| Cats Claw | \$12.50 |
| Cayenne | \$12.50 |
| Chaparral | \$13.00 |
| Chaste Tree Berry | \$13.00 |
| Cilantro | \$13.00 |
| Cinnamon | \$13.00 |
| Cleavers | \$12.50 |
| Clove | \$13.00 |
| Comfrey | \$13.00 |
| Cotton Root Bark | \$14.00 |
| Cramp Bark | \$13.00 |
| Damiana | \$13.00 |
| Dandelion | \$13.00 |
| Devils Claw | \$14.00 |
| Dong Quai | \$13.00 |
| Echinacea root | \$13.00 |
| Elecampane | \$13.00 |
| Eleuthero | \$13.00 |
| Eyebright | \$13.50 |
| Fenugreek | \$13.00 |
| Feverfew | \$13.00 |
| Garlic | \$12.50 |
| Gentain | \$12.50 |
| Ginkgo | \$13.00 |

| | |
|-----------------------|---------|
| Goldenrod | \$12.50 |
| Goldenseal | \$16.00 |
| Green Tea | \$12.50 |
| Hawthorne Blend | \$13.00 |
| Ho Sho Wu | \$12.50 |
| Holy Basil | \$12.50 |
| Horse Chestnut | \$13.00 |
| Kids Black Elderberry | \$13.00 |
| Kids Echinacea gly | \$13.00 |
| Lemon Balm | \$13.00 |
| Licorice | \$12.50 |
| Lobelia | \$12.50 |
| Lomatium | \$13.00 |
| Maca | \$13.00 |
| Marshmallow Rt | \$12.50 |
| Milk Thistle | \$14.00 |
| Motherwort | \$12.50 |
| Mullien | \$13.00 |
| Myrrh | \$13.00 |
| Oat Seed | \$14.00 |
| Olive Leaf | \$13.00 |
| Oregon Grape Rt | \$12.50 |
| Osha | \$13.00 |
| Passionflower | \$13.00 |
| Pau d Arco | \$13.00 |
| Pharma Kava | \$16.00 |
| Red Clover | \$12.50 |
| Red Root | \$12.50 |
| Rhodiola | \$13.00 |
| Rue | \$12.50 |
| Sarsaparilla | \$12.50 |
| Saw Palmetto | \$13.00 |
| Schisandra | \$12.50 |
| Scullcap | \$13.00 |
| Shatavari | \$13.00 |
| Shepherds Purse | \$12.50 |
| Spilanthes | \$12.50 |
| St Johns wort Oil | \$13.00 |
| St Johnswort | \$13.00 |
| St. Johns Wort | \$13.00 |
| Stinging Nettle Blend | \$13.00 |
| Super Echinacea | \$13.00 |
| Valerian Root | \$13.00 |

| Wild Yam | \$13.00 |
|---------------------------|---------|
| COMPOUNDS | |
| Adrenal Support | \$13.00 |
| Athletes Power | \$13.00 |
| Blood Pressure Support | \$13.00 |
| Brain & Memory | \$13.00 |
| Connective Tissue | \$14.00 |
| Digestive Bitters | \$13.00 |
| Echinacea-Goldenseal | \$13.00 |
| Female Libido | \$13.00 |
| Flexible Joint | \$13.00 |
| Golden Echinacea | \$13.00 |
| Healthy Heart | \$13.00 |
| Healthy Liver | \$13.00 |
| Healthy Menopause | \$13.00 |
| Healthy Prostate | \$13.00 |
| Healthy Veins | \$13.00 |
| Herbal Respiratory Relief | \$13.00 |
| Joint Muscle Warming | \$12.50 |
| Kids Captain Concentrate | \$13.00 |
| Kids Cough Crusader | \$13.00 |
| Kids Ear Oil | \$13.00 |
| Kids Fast Asleep | \$13.00 |
| Kids Immune Avenger | \$13.00 |
| Kids Immune Fortifier | \$13.00 |
| Kids Lemon Balm Calm | \$13.00 |
| Kids Throat TLC | \$13.00 |
| Kids Tummy TLC | \$13.00 |
| Male Sex Vitality | \$15.00 |
| Mothers Lactation | \$13.00 |
| Nervous System | \$13.00 |
| Pollen Defense | \$13.00 |
| Relaxing Sleep | \$13.00 |
| Smokers Assist | \$13.00 |
| Stone Breaker | \$14.00 |
| Stress Manager ext | \$13.00 |
| Thyroid Calming | \$13.00 |
| Thyroid Lifter | \$13.00 |
| Trauma Drops | \$13.00 |
| Trauma Oil | \$13.00 |
| Urinary System Support | \$13.00 |
| Warming Circ | \$13.00 |
| Willow-Meadowsweet | \$13.00 |

BODY CARE

| | | | | |
|-------------|---------|---------|---------|--------|
| | | | | |
| Coconut oil | 2 fl oz | \$4.50 | 4 fl oz | \$7.10 |
| Shea butter | 2 fl oz | \$3.70 | 4 fl oz | \$5.50 |
| Palm Kernal | 4 fl oz | \$3.00 | 8 fl oz | \$4.60 |
| Lanolin | 7 fl oz | \$10.50 | | |

SOAPS

| | |
|----------------------------|---------|
| Grandpa's Baking Soda Soap | \$5.10 |
| Grandpa's Oatmeal soap | \$4.80 |
| Grandpa's Witch Hazel Soap | \$5.20 |
| Pine Tar Shampoo 8oz | \$14.25 |
| Pine Tar Conditioner 8 oz | \$13.25 |
| Pine Tar Soap 3.25 oz | \$5.00 |
| African Black Soap | \$4.50 |
| Honey Black Seed Soap | \$4.50 |
| Auomere Lavender-Neem Soap | \$2.80 |
| Auomere Tulsi-Neem Soap | \$2.60 |
| Auomere Vanilla-Neem Soap | \$2.80 |
| Superior Soap Sandalwood | \$0.80 |
| Superior Soap Rose | \$0.80 |
| Superior Soap Jasmine | \$0.80 |

DR. BRONNER'S SOAP

| | | | | |
|------------|--------|---------|---------|--------|
| | 8 oz | 16 oz. | 32 oz | Bar |
| Lavender | \$6.30 | \$10.50 | \$16.00 | \$4.50 |
| Tea Tree | \$6.30 | \$10.50 | \$16.00 | \$4.50 |
| Peppermint | \$6.30 | \$10.50 | \$16.00 | \$4.50 |
| Baby Mild | \$6.30 | \$10.50 | \$16.00 | \$4.50 |
| Almond | \$6.30 | \$10.50 | \$16.00 | \$4.50 |
| Eucalyptus | \$6.30 | \$10.50 | \$16.00 | \$4.50 |
| Rose | \$6.30 | \$10.50 | \$16.00 | \$4.50 |
| Citrus | \$6.30 | \$10.50 | \$16.00 | \$4.50 |

MISCELLANEOUS

| | |
|-------------------------|---------|
| Ear Candles set of two | \$4.50 |
| Nasal Cleansing Pot | \$20.00 |
| Natura Lavadent 1 fl oz | \$19.00 |
| Natura Dentizyme | \$13.00 |
| Natura Dentizyme Kidz | \$13.00 |

SALTS

| | | | | |
|------------------|------|--------|--------|--------|
| SEA SALT fine | 8 oz | \$0.80 | 1 lb | \$1.50 |
| SEA SALT coarse | 8 oz | \$1.80 | 1 lb | \$3.25 |
| DEAD SEA SALT | 8 oz | \$2.50 | 1 lb | \$4.50 |
| EPSOM SALT | 8 oz | \$1.50 | \$2.75 | 1 lb |
| Himalayan fine | 8 oz | \$4.00 | \$6.70 | 1 lb |
| Himalayan coarse | 8 oz | \$4.00 | \$6.70 | 1 lb |

CONTAINERS

| | |
|----------------------------------|-------------------|
| Beaker 50 ml | \$3.00 |
| Beaker 100 ml | \$3.50 |
| Beaker 150 ml | \$4.00 |
| Beaker 250 ml | \$4.00 |
| Glass stir rods | \$1.75 |
| Glass Bottle, Amber 1 & 2 fl oz | \$1.20 |
| Glass Bottle, Amber 4 fl oz | \$1.30 |
| Glass Bottle, Amber 8 fl oz | \$1.60 |
| Glass Bottle, Amber 16 fl oz | \$1.90 |
| Glass Dropper Cap 1 & 2 oz | \$1.00 |
| Glass Eyedropper | \$1.30 |
| Glass Salve Jars 2 fl oz | \$1.75 |
| Glass Salve Jars 4 (& 8 fl oz) | \$2.25 (& \$2.50) |
| Glass Salve Jars 16 fl oz | \$3.25 |
| Glass Spray Bottle 2 (& 4 fl oz) | \$2.80 (& \$3.20) |
| Glass Vial, Amber 1 dram | \$1.30 |
| Glass Vial, Amber 1/3 fl oz | \$0.80 |
| Glass Vial, 5/8 dram | \$1.00 |
| Insert Dropper for 1/3 oz vial | \$0.25 |
| Metal Tin 1/4 fl oz | \$1.60 |
| Metal Tin 1 fl oz | \$1.80 |
| Metal Tin 3 fl oz | \$2.60 |
| Metal Tin 6 fl oz | \$2.50 |
| Metal Tin 16 fl oz | \$4.00 |
| Plastic Bottle Spice Shaker | \$0.60 |
| Plastic Bottle, Vitamin | \$0.70 |
| Plastic Squeeze Bottle 2 fl oz | \$0.50 |
| Plastic Squeeze Bottle 4 & 8 oz | \$0.70 |

EMPTY CAPSULES

| GELATIN CAPSULES - VEGI-CAPS | | | | |
|------------------------------|---------|---------|---------|---------|
| # Caps | "00" | "0" | "0" | "00" |
| 100 | \$2.80 | \$2.00 | \$3.80 | \$3.50 |
| 250 | \$6.00 | \$4.70 | \$9.00 | \$7.50 |
| 500 | \$11.00 | \$8.50 | \$16.00 | \$14.00 |
| 1000 | \$20.00 | \$14.70 | \$30.00 | \$25.00 |

Capsule Machines \$19.00

OIL DIFFUSERS

| | |
|---------------------|--------|
| Tea Light candle | \$0.15 |
| Diffuser, Soapstone | \$6.00 |
| Diffuser, Soapstone | \$8.00 |

CHARCOAL DIFFUSERS

| | |
|--------------------|-------------|
| Charcoal Dicsc(10) | \$2.75 |
| Stone Diffuser | \$6 to16.00 |
| Tong and spoon set | \$4.00 |

SMUDGE STUFF

| | |
|--------------------------|---------|
| White Sage loose 1 oz | \$2.70 |
| White Sage loose 2 oz | \$4.90 |
| Smudge, White Sage Small | \$1.50 |
| Smudge, Sweetgrass Braid | \$6.25 |
| Smudge, White Sage Large | \$5.80 |
| Palo Santo 1 oz | \$2.50 |
| PaloSanto oil (1 dram) | \$3.60 |
| PaloSanto oil (1/3 oz) | \$19.10 |
| Abalone Shell large | \$10.50 |

TEA ACCSESSORIES

| | |
|-------------------------------|---------|
| Tea Strainer,Bamboo | \$1.90 |
| Tea Balls Mesh small | \$2.40 |
| Tea Balls Mesh large spoon | \$4.00 |
| Tea Ball, small | \$2.10 |
| Tea Bags, Press&Brew small 20 | \$1.30 |
| Tea Bags, Press&Brew large 10 | \$1.30 |
| Tea Bags, Cotton 3 x 4 | \$0.40 |
| Tea Bags, Cotton 4 x 6 | \$1.50 |
| Tea ball w/ Chain 65mm | \$3.60 |
| Tea ball w/ Chain 4 in | \$10.00 |

RESINS

| | 1 oz | 2 oz |
|--------------|---------|---------|
| Frankincense | \$2.00 | \$3.50 |
| Myrrh | \$2.40 | \$4.40 |
| Copal, Gold | \$3.30 | \$6.10 |
| DragonBlood | \$11.80 | \$22.90 |

**Check out our HEM incense for \$0.80 and \$2.00.
See our website for details!!**

**We also carry a large variety of Reiki charged scented
votive candles for \$1.50, Chakra candles for \$15**

We carry Local honey (Orange Blossom and Wildflower)

We now have cold drinks!!

Kombucha, Alkaline water and more!!!



HERB INFORMATION

ACAI BERRY- high in antioxidants, nutritious, astringent

ACACIA BERRY- soothes the throat and over-nursed nipples, for inflammation and irritated mucus membranes.

ACEROLA BERRY- high in vitamin C, strengthens immune system, cancer preventative.

AGRIMONY- used for skin diseases, liver disorders, jaundice and kidney stones, contains large amounts of tannins, good diuretic and general tonic. Useful for stones in bladder & kidneys and to reduce mucus.

ALFALFA-High in vitamin K & trace minerals, it Alkalizes the body and detoxifies the liver. Rebuilds the teeth, relieves arthritis. Reduces bruising.

ALOE- One of the oldest known therapeutic herbs. Good for healing & soothing most skin wounds and conditions, digestion and absorbing toxins.

ANAMU- used for many yeast infections, colds and viruses. Helpful in leukemia and cancer stimulating immune function and cell production.

ANDROGRAPHIS- could strengthen immune system, release interferon and Japanese reports it stopped cancer cells from multiplying, possible help in the fight against Aids

ANISE- Stimulates most glands, controlling female estrogen levels. The oil is helpful for Bronchitis, emphysema and spasmodic asthma.

ANGELICA-Good for colic, heartburn, digestion and colds. Not for diabetics or pregnant women.

APPLE CIDER VINEGAR- antiseptic, anti-fungal, good for weight-loss and used for detoxifying, may help reduce cholesterol

APPLE PECTIN- mentioned often in cancer, asthma, and weightloss.

ARNICA FLOWERS- external use, packs used for pain and swelling, useful for arthritis and joint pain

ARTICHOKE-used in the treatment of eczemas, diabetes, hemorrhoids and for blood circulation

ASAFOETIDA- a spice, said to prevent hysteria, anti-flatulent, useful after childbirth.

ASTRAGALUS-Increases energy and resists weakness & disease. A valuable tonic for those under 35.

ASHWAGANDHA – relieves fatigue, nervous exhaustion and memory loss. A mild sedative, reducing mental chatter and long-lasting energy without stimulants. Promotes tissue regeneration and slows aging process.

BARBERRY- One of the best medicinal plants in the Americas. Good blood purifier and for used for anemia. Assists malnutrition and in liver conditions.

BARLEY GRASS-Used to boost the immune system and treat arthritic symptoms. High in chlorophyll.

BASIL- Antibacterial and antispasmodic properties good for stings and bites. A stimulant for extreme exhaustion.

BAYBERRY-Astringent and stimulant, it helps clear sinus congestion and makes a good sore throat gargle.

BEAN PODS, FAVA- useful for Herpes and fever blisters, also in the treatment of Parkinson's Disease.

BEE POLLEN-contains 35% protein. Promotes energy and resistance to disease. Considered a sexual rejuvenate.

BEET POWDER-good plant sources of iron. Tones and rebuilds the liver.

BENZOIN GUM- external use, treatment of many skin problems, disinfecting the affected tissue

BILBERRY- reduces many eye strains and glaucoma conditions. Improves blood circulation.

BIRCH- Internally used for Arthritis and Rheumatism and a blood cleanser, externally the oil is used for Eczema and other skin conditions.

BITTER MELON- for use with other herbal combinations, for diabetes, colds, HIV viruses and psoriasis, short term and judicious usage

BLACKBERRY LEAF-Used for fever, colds, mucus discharge, diarrhea.

BLACK COHOSH- Not during pregnancy! Used for most inflammations, female pains, headaches and as a safe sedative.

BLACK HAW – related to Crampbark, it eases menstrual pains and prevents miscarriage.

BLACK WALNUT HULL-expels internal parasites. Use externally on ringworm and athlete's foot. Rich in manganese.

BLADDERWRACK- Useful for weight-loss due to slow thyroid.

BLESSED THISTLE- treats liver congestion, appetite loss, lowers fevers, resolves blood clots. Related to Milk Thistle. Increases milk flow.

BLOOD ROOT- fights gingivitis and plaque as a toothpaste, for pneumonia, sinus congestion, to cure migraine and as a paste treating skintags, mostly external use

BLUE COHOSH-Relieves spasms and cramps, often used during childbirth.

BLUE VERVAIN-Used for chest colds, insomnia, worms, fatigue etc. Considered a cure all and sacred plant by some.

BLUE VIOLET- useful for asthma, bronchitis and lung cancer.

BOLDO LEAF- used for earaches, insomnia and flatulence, an appetite stimulant.

BONESET- Promotes perspiration, reduces, treats rheumatism.

BORAGE- For treatments involving the digestive system, also soothing to mucous membranes of the mouth and throat.

BROMELAIN- said to reduce blood clots and plaque in the heart arteries, relieves some gastronomical problems

BUCHU-considered one of the best herbs for urinary disorders, more useful with other herbal combinations

BUCKTHORN BARK-laxative milder than cascara. It is considered safe for chronic constipation.

BUPLEURUM- stops herpes simplex, improves circulation useful in rheumatoid arthritis

BURDOCK-good blood purifier used for alleviating skin problems such as boils, abscesses, acne and eczema. Reduces arthritic swelling.

BUTCHERS BROOM-Improves circulation and strengthens veins and capillary walls so it is used for hemorrhoids, varicose veins and "restless leg syndrome".

BUTTERBUR ROOT- antispasmodic and analgesic, used to prevent migraines.

CALAMUS ROOT – treats hyperacidity in stomach, benefits the liver. Increases mental focus. The tincture is a parasitocidal for lice & scabies.

CALENDULA-Antiseptic, externally it heals wounds and burns, slows bleeding

CARDAMOM- increases appetite, useful for depression, spice.

CASCARA SAGRADA-One of the best herbal laxatives. Considered safe for the elderly. A good gallstone remedy, it increases secretion of bile.

CATNIP-Treat colic in children. A good sleeping and digestive aid.

CATS CLAW – a good anti-inflammatory and immune stimulant. Helps all forms of arthritis, detoxifies the intestinal tract and replenishes friendly bacteria.

CATUABA- A calmate and aphrodisiac. Claims usage for stress, depression and memory.

CAYENNE-equalizes the circulation stimulates the heart. It is used to stop bleeding internally and externally.

CEDAR TIPS- seasoning meats for a smoky flavor, burned for spiritual reasons and meditation

CELEDINE-externally used for many skin disorders, eczema and skin cancer and for wounds, warts and psoriasis.

CELERY SEED- Often used in the treatment of Gout, Rheumatism and arthritic bone spurs. Produces perspiration and an increased urine flow.

CHAMOMILE-Good digestive aid and sedative. It also kills bacteria and fungi, especially gram positive bacteria and Candida albicans.

CHANCA PIEDRA- significant mention of usage for kidney stones, liver and hypertension

CHASTE TREE BERRY- disputed as an aphrodisiac or anaphrodisiac. Used by women for PMS in Germany and by male

bodybuilders in USA for its effect on testosterone.

CHAPARRAL-It is considered an herbal antibiotic, used for abscesses, acne, arthritis, back aches and tumors.

CHARCOAL, ACTIVATED- useful in many bowel issues and in acute poisonings to filter it from the blood stream, seems to hinder absorption of ethanol (booze) into the blood.

CHASTE TREE BERRY- used for some menstrual problems and treating infertility

CHIA SEEDS- High in protein and omega-3 fatty acids, gluten free and low glycemic index.

CHICKWEED-Treats blood toxicity fevers Soothes and cleanses the lungs. As a poultice to draw out poisons.

CHICORY- used to control the appetite and too many other benefits to mention.

CHLORELLA- used for heavy metal detoxification, cancer growths and healthy gums. Has all B, C, E vitamins. High in minerals.

CINNAMON – stops formation of peptic ulcers without interfering with gastric acid, stops uterine and other bleeding.

CITRIC ACID- a preservative preventing bacteria growth, used often in natural cosmetics and bath products as it has been approved by the FDA.

CLAYS- Bentonite: for hair and internal elimination of toxins. French Green: Most popular in facials. Kaolin: deodorants and skin care products. Moroccan Red: A prized treasure for toning the skin, high in skin pampering minerals. Fullers Earth: Skin-lightener and for acne and oily skin.

CLEAVERS- an anti-inflammatory and diuretic, used for many skin conditions

CLOVES – kills some bacteria involved in food poisoning, the oil depresses the transmission of nerve impulses.

COLTSFOOT- relieves lung congestion can increase blood pressure

COMFREY-promotes strong bones and healthy skin. Used externally and internally to help heal fractures & wounds. Helps stop internal bleeding.

COPAL, GOLD- common use is burning for ritual purification.

CORIANDER- an aphrodisiac and condiment, a diuretic, for liver cancer and stimulates the memory, useful for panic attacks and insomnia

CORNSILK-Antiseptic diuretic for bladder and kidney problems.

CRANESBILL ROOT (WILD ALUM)-stops external and internal bleeding. Treats diarrhea and can be used as a douche.

DAMIANA-Helps balance hormones, used as an aphrodisiac and a diuretic.

DANDELION-Clears and stimulates the liver to clear toxins. It is high in vitamins minerals and nutritive salts. Aids digestion and normalizes blood pressure.

DIATOMACEOUS EARTH (food grade)- insecticide and pesticide, for removing parasites in humans and animals.

DEVILS CLAW- Anti-inflammatory and blood cleanser to treat arthritis, rheumatism and carpal tunnel syndrome.

DONG QUAI-used for female problems: to regulate the cycle, quell cramps and hot flashes. Don't use if pregnant or during a period of heavy flow.

DRAGONS BLOOD- promotes healing and used for some blood disorders.

DULSE- highly nutritious, as with other sea vegetables it may assist an underactive thyroid.

ECHINACEA-It stimulates the immune system and can be used for most any infection: colds & flu, earaches, tooth abscesses, blood poisoning, insect and snake bites. Nontoxic even for small children and pregnant women.

ELDERBERRY-Detoxifies tissue at cellular level, useful for colds and the like, increases circulation and reduces fever.

ELECAMPANE- for water retention, rich in naturally occurring insulin, also assists the pancreas in all functions.

ELEUTHRO ROOT- "Siberian Ginseng" A tonic which promotes mental and physical endurance. It also treats hot flashes and irregular periods.

EUCALYPTUS- has antiseptic properties, use to clear sinuses and for discharging wounds (short term usage only)

EYEBRIGHT-protects and maintains health of the eye. It can remove cysts caused by chronic conjunctivitis.

FENNEL- Used to reduce colic in babies Digestive aid that suppresses appetite.

FENUGREEK-expels mucus from the lungs, lowers fever and soothes the throat. It contains lecithin which dissolves fat and

cholesterol. Lowers blood sugar.

FEVERFEW-relieves migraines if taken daily. Also treats arthritic inflammation and helps circulation to the brain.

FLAX SEED- used as a bulking agent for constipation, good for arthritis, heart disease, depression, etc...

FOTI-Rejuvenates the endocrine glands, used for mental depression and helps the memory. Reputed to prevent blood clots, lower blood pressure, prevents gray hair and promotes fertility.

FRANKINCENSE- immune enhancing functions and treating colitis, in a paste concoction to heal wounds.

GALANGAL- Thai and Indonesian spice(ginger family), and used in the treatment of some skin infections.

GARCINIA-appetite suppressant inhibits fat storage, believed to be very useful for weight-loss.

GARLIC-Natural antibiotic, anti-fungal and parasitocidal, it also aids poor digestion, lowers cholesterol. It stimulates cell growth and rejuvenates body functions.

GENTAIN-One of the best stomach tonics. It strengthens the pancreas, spleen and kidneys. It is an appetite stimulant.

GINGER-A hot tea promotes sweating. It relieves nausea, indigestion & gas, Absorbs toxins and helps control flu symptoms. Increases circulation and lowers cholesterol.

GINKGO-Improves circulation to the extremities, including the brain. Used for many senility problems caused by slowing circulation such as coldness, tinnitus, vertigo, Alzheimer's.

GINSENG (Panax) - physical restorative helps adapt to stress and increases endurance and longevity.

GLUCOSAMINE SULPHATE- an amino acid said to prevent cartilage degeneration and for arthritis.

GOLDEN ROD- used for kidney and bladder stones, with other herbs for flu and upper respiratory infections.

GOLDENSEAL ROOT-Natural antibiotic used with all infections. Treats ulcers, tonsillitis, bladder infections. Do not take if pregnant or have low blood sugar.

GOTU KOLA-Used in India for longevity. It has remarkable rejuvenating properties, strengths the heart and veins and activates brain cells.

GRAPE SEED(extract)- believed to help heart disease, cancer and aging skin, destroys free radicals in the body.

GRAVEL ROOT- helps prevent and possibly diminish stones in the body by increasing the removal of waste by the kidneys

GRAVIOLA-kills cancer cells, slows tumor growth, for high blood pressure, dilates blood vessels, for depression.

GREEN TEA(extract)- can neutralize free radicals, treats flatulence, helps digestion and mental processes

GUARANA SEED- contains caffeine, stimulant and should be used with caution.

GYMNEMA SYLVESTRE- used to suppress the desire for sweets, reduces blood sugar levels after ingesting sweets

HEMP SEED- Seed: high in protein, has all amino acids and essential fatty acids for healthy life. Oil: one of the finest vegetable oils used for body care products.

HENNA- for hair and some skin products, anti-fungal, improves circulation, helps itching.

HAWTHORNE-Strengthens heart muscles and is used to normalize blood pressure and for cholesterol.

HIBISCUS- said to lower the blood pressure, a diuretic, aphrodisiac, sedative and a darn good tea.

HONEYSUCKLE- high in calcium, magnesium, potassium, anti-inflammatory, said to reduce blood pressure

HOPS- a powerful sedative, strong yet safe. Improves appetite, good for the heart & liver problems.

HOREHOUND-breaks up colds & bronchial catarrh, useful for singers' sustaining vocal chords

HORNY GOATWEED- used as an aphrodisiac, regulates low testosterone, a few cautions mentioned for liver

HORSE CHESTNUT- used for poor leg circulation, diarrhea, arthritis, varicose veins and some external skin conditions

HYDRANGEA ROOT-useful in lymphatic conditions with poor blood, for severe Rheumatism, gallstones and gout.

HYSSOP LEAF- used for congestion and lung ailments, and strengthening the immune system

IRISH MOSS-Used for Chronic lung and respiratory problems, dry coughs, irritated membranes, weight reduction.

JASMINE FLOWERS- A relaxant, assists in milk flow, anxiety.

JERGON SACHA- kills viruses, useful for Aids, neutralizes venom

JUNIPER- Berry: treats urinary problems such as stones, urine retention, uric acid buildups. Anti-inflammatory for arthritis. Tips:

KAVA KAVA-Excellent for anxiety, nervousness and insomnia.

KELP-Good for thyroid and goiters. Good for hair, nails and protects from radiation poisoning. High in minerals.

KOLA NUT- used as an appetite suppressant, diuretic and aphrodisiac, also for childhood asthma and headaches

KUDZU- Often used to treat alcoholism by reducing the 'need', also for headaches and post-menopausal women.

Lady's Mantle- sudden infections of the mouth and throat. Cuts, scrapes, and burns were bathed to prevent infection. Used to treat heavy menstruation, menstrual cramps, and disagreeable symptoms of menopause.

LAVENDER- a wonderfully calming aroma, often used for headaches, anxiety and strengthens hair roots as a diluted massage oil

LEMON BALM- said to promote longevity, brightens the spirit and sharpens the brain.

LEMON GRASS-used for cramps, headaches, dizziness and stress, also treating colds with a fever

LEMON VERBANA- said to relieve many stomach discomforts, slightly sedative, also used for nasal congestion

LICORICE-Hormone balancer and natural cortisone. Used for hypoglycemia, stress, female problems and sore throats.

LINDEN-calms excitable children, used for tension headaches and muscle, and as a diuretic and flush.

LOBELIA-A powerful relaxant, used to lessen withdrawal from nicotine or alcohol. Good for pleurisy & pneumonia. Emetic in large amounts.

LYCII BERRY- used for erection problems and to strengthen the kidneys and nourish the liver.

MACA- "Peruvian Ginseng" high in minerals and fatty acids, carbohydrates, protein...etc, endurance. Almost endangered.

MANDRAKE ROOT- mostly used for bowel and liver complaints, known to dissolve and remove tumors, should only be used in formulas with other herbs.

MARJORAM- for cramps, coughs, gas and respiratory problems and as a gargle for sore throat and gums, the oil is used for toothaches.

MARSHMALLOW-soothes irritated lungs and removes mucus. Used as a poultice for gangrene and wounds.

MEADOWSWEET- compresses for pain, externally for cellulite, mentioned for fatigue and nervousness.

MENTHOL CRYSTALS-in ointments for pain, as an inhalant for nasal congestion, relieves itching & pain in liniments.

MILK THISTLE-Protects the liver from toxins and helps it regenerate. An antioxidant, it helps prevent hardening of the arteries. Helps recover from hepatitis or alcohol abuse.

MISTLETOE- quiets the nerves and mental activity, used for dizziness, migraines and blood pressure.*

MORINGA- contains extensive nutrient concentrations, like calcium, magnesium, dietary fiber, iodine, lutein, zinc, selenium, zeatin and beta-carotene, Vitamin A, B3 and it is a complete protein containing 18 amino acids (8 essential).

MOTHERWORT- for postpartum depression could decrease level of fat in the blood, for fevers and Rheumatism.

MSM- used for chronic pain, from joint inflammation, scars and wrinkles, allergies and for radiation poisoning.

MUGWORT- strengthens the liver and gall bladder, used for travel-sickness, used in liniments for bruises and strains.*

MULLIEN-loosens mucus and dilates lung passages. It has a calming effect on nerves, helps sore throats and the oil is used for earaches.

MYRRH GUM-Powerful antiseptic used as a mouthwash or gargle for a sore throat.

NEEM- used for intestinal worms and peptic ulcers and externally to help wound, boils and some skin conditions

NETTLE- Leaf: nutrient rich, it relieves sinus congestion and neutralizes uric acid. Root: prostate problems, including prostatitis and benign prostatic hyperplasia

NONI FRUIT- mentioned uses for some respiratory issues, assists the immune system, increases endurance and used for impotence

OAT STRAW-improves the appetite, good for hair and nails, and nervous conditions.

OLIVE LEAF- reduces blood pressure, helps blood circulation, known uses for diabetics

OREGON GRAPE ROOT-Purifies the blood by activating the liver. Helps digestion and treats skin diseases caused by toxins.

ORRIS ROOT- mostly used as a fixative in perfumes, or in combinations as a talcum powder

OSHA ROOT- used for viral respiratory infections, eliminate toxins through sweating, helps yeast infections and carpal tunnel inflammation.

PAPAIN- for shingles and psoriasis, parasitic worms, used with treatments for tumors, also to chill-proof and stabilize beer.

PAPAYA LEAF-contains the enzyme Papain which breaks down proteins to a digestible form. Heals ulcers and internal bleeding.

PARSLEY LEAF-An excellent diuretic. Good for gall bladder problems.

PASSIONFLOWER-a relaxant that helps control nervousness, agitation and twitching particularly in the young.

PATCHOULI- treats some stress-induced problems, an aphrodisiac, said to be an antidote for snake bites and stings.

PAU D'ARCO-an anti-fungal, antibiotic and antiviral. It strengthens the immune system and thus resistance to disease. Also used against malaria.

PENNYROYAL- induces sweating, used for fevers and delayed menstruation, helps expel intestinal gas

PEONY- used for pain and swelling from injuries, used for gout and eczema

PEPPERMINT-Relieves gas pains, colic, chills and fever. Increases mental alertness.

PLANTAIN-Externally the leaves stop bleeding and neutralize poisons from insect bites. Good for lung ailments.

PLEURISY ROOT- mostly used for bronchial and respiratory ailments, breaking up congestion and mucus.

POKE-use with extreme caution, in small amounts with other herbs and under a doctors supervision for reducing inflammation, cleansing the lymphatic system and externally for acne and eczema.

PRICKLY ASH BARK-increases circulation and induces sweating. It is used for colds and poor digestion. The bark powder can be applied to relieve toothache.

PSYLLIUM-mucilaginous fiber used for constipation, colitis and hemorrhoids.

PUMPKIN SEED- an excellent parasitocidal, contains nearly 4 times the beta-carotene than carrots, also rich in Zinc and Magnesium

PYGUEUM BARK- helps men with benign prostate hypertrophy (BHP), does not stimulate estrogen production in men.

QUASSIA- used for an upset stomach, possible assisting leukemia or blood cancer

RED CLOVER BLOSSOM-A blood purifier, relaxing to the nerves and safe for children. May promote fertility.

RED RASPBERRY LEAF-effective for menstrual problems, decreasing blood flow without stopping. Relieves morning sickness and strengthens uterine walls for childbirth.

RED ROOT- an expectorant, used for some lung conditions and for viral skin conditions.

REISHI MUSHROOM- helps prevent alcohol-induced fatty liver and cirrhosis. Stimulates interleukin-2, which fights some cancers. Reduces fibroid growth, treats high blood pressure.

RHODIOLA ROOT-many uses: fatigue, headaches, aging, immune system...etc.

RHUBARB- a powerful laxative, use sparingly and in herbal combinations, used in our Essiac Tea.

ROSE PETALS- mostly in bathing herbs and potpourris, mentioned uses as a gargle for sore throat.

ROSE HIPS- a rich source of vitamin C, used to treat colds and flu, cancer, diarrhea, coughs, dysentery, exhaustion and migraines.

ROOIBOS- antiviral, anti-anxiety and anti-allergy. Reduces age-related mental decline. Reduces heart disease.

ROSEMARY – helps brain cells responsible for memory and reasoning, improves circulation to the brain. Relieves intestinal cramps and eases bloating. It has fungicidal action destroying Candida Albicans but not healthy bacteria of digestive tract, externally popular for hair growth.

RUE- used for a hesitant menstruation, for vertigo, applied for sciatica pain, mentioned assistance in multiple sclerosis.

SAFFLOWER- increases urine flow, used for fevers, gout and uric acid and is soothing to the digestive tract

SAGE-reduces perspiration and dries up breast milk flow. Used for nervous systems.

SARSAPARILLA-A good blood purifier, it is also used by athletes as a source of muscle-building hormones. Clears some skin eruptions and is used for gout.

SASSAFRAS- mentioned often for skin issues and aids the pituitary gland in releasing an ample amount of protein.

SAW PALMETTO BERRY-reduces enlarged prostate. Used to build stamina and rid lungs of mucus. Can increase breast size in women.

SCHISANDRA BERRY- a valuable herb for stress, nerves, fatigue, helpful in building the body's immune system.

SCULLCAP-Good for neuralgia and nervous tension. Helps reduce high blood pressure and disorders of the nervous system as epilepsy.

SENNA-a powerful laxative often combined with ginger to prevent cramping. Helps eliminate intestinal worms. Do not use while pregnant.

SHATAVARI- a diuretic and aphrodisiac used for infertility and some digestion issues, externally for stiffness in joints.

SHAVEGRASS- good for hair and nails and healing fractured bones by holding calcium in the body,

SHEEP SORREL- assists the body in expelling gravel from the kidneys, used for degenerative diseases and cancer, a main ingredient in our Essiac Tea.

SHITAKE, MUSHROOM- stimulate the immune system producing more interferon, China and Japan use it in the prevention and treatment of cancer.

SLIPPERY ELM BARK-used for inflammation of lungs, bowels and stomach.

SPEARMINT- soothes the stomach and intestines and for nausea, relieves a stressful urination.

SPINACH- aids recovery of diseased organs, fatigue, low and high blood pressure, migraines, and as an infusion for scalp massage for healthy hair

SPIRULINA-70% protein, high nutrient source. It produces a perceptible energy boost and promotes all-over health

SQUAW VINE- good for building female organs. Relieves painful menstruation.

ST JOHNSWORT-Helps depression and hysteria by raising serotonin levels over time. It is an expectorant and fights viral infections.

STEVIA HERB- highly regarded for food and tobacco cravings and for weight reduction.

STONE ROOT- used for headaches and constipation, assists worsening varicose veins and hemorrhoids

STRAWBERRY LEAF- An astringent and diuretic, for a slow metabolism, mentioned for gonorrhea and chlamydia

SUMA-an energy tonic adaptogen, considered at least as good as Panax Ginseng in effect. Good for those with chronic fatigue or low energy.

TANSEY- an anti-inflammatory, used for intestinal worms and for a regular menses, as well as to stimulate hair growth

THYME-parasitocidal for intestinal worms or for skin parasites as ringworm, crabs & lice. Also used for bronchitis.

TRIBULUS- assists in testosterone production, popular with body builders, said to improve sexual behavior, recently said to improve chances for conception.

TRIPHALA- "Three Fruits" Amalaki, Haritaki & Bibhitaki: used to detoxify and clean the body, blood and liver, possible cancer prevention.

TULSI(HOLY BASIL)- anti-stress nerve tonic, used for ringworm and skin diseases, strengthens the kidneys, externally used for headaches in a paste with sandalwood. Etc...

TURMERIC-stimulates flow of bile in the liver and breaks down dietary fats. Used as anti-inflammatory for arthritic pain.

UVA URSI-great diuretic to treat kidney and bladder infections. Good for diabetics.

VALERIAN ROOT-quiets the nervous system and promotes sleep. Used for heart palpitation.

VERVAIN, BLUE -often used at the onset of a cold or flu. Settles a nervous stomach and is used for irregular menses.

Water Hyssop (Brahmi) – Historically it has been used to treat a variety of ailments including asthma, epilepsy, leprosy, indigestion, memory retention and as a mild sedative.

WATERCRESS- high in potassium and vitamin C and natural vitamins, minerals and trace elements

WHEATGRASS- a super-food, used for treating cancerous growths and other degenerative diseases, good for body building and expelling metals from the body.

WHITE OAK BARK-Astringent used on varicose veins and in enemas and douches.

WHITE WILLOW BARK-The original aspirin, relieves pain, lowers fever and is a good anti-inflammatory.

WILD CHERRY BARK-Loosens mucus in the throat and chest, calms respiratory nerves and thus helps coughs and asthma.

WILD LETTUCE- a sedative, used for relieving chronic pain, spasms and cramps.

WILD YAM ROOT-relieves morning sickness and helps prevent miscarriage.

WOOD BETONY-calming to the nerves and a gentle laxative, useful for migraines and Parkinson's Disease

WORMWOOD- expels worms, many uses in the G.I. Tract and menstrual cramps.

YARROW FLOWER- opens pores permitting discharge of internal poisons, shrinks hemorrhoids, used for female yeast infections

YELLOWDOCK- used for many skin and blood issues and is high in Iron.

YERBA MATE – energizing tonic contains caffeine, Vitamins C, A and B-complex. National drink of Argentina.

YOHIMBE- A valuable aphrodisiac, should be avoided with high blood pressure and heart arrhythmia

YUCCA ROOT- primarily used for arthritis and rheumatism, extracts of the root make excellent soaps and shampoo.

DISCLAIMER:

We trust you will use common sense and thoroughly research an herb before use. Leaves & Roots is not responsible for the misuse of the plant materials. We can't provide you with medical advice, dosage information, potential drug/herb reactions or assistance with questions relating to injury or illness. We are not licensed practitioners, pharmacists, or researchers. We are legally restricted from answering your health relation questions.



There is a new location to get all your herbs!!!!

Melissa, who has worked for Leaves and Roots for 22 years, has decided to open her own store!

She has a lovely location in the ISLAND BUSINESS CENTER in Longwood, FL. It is across from the Longwood Sunrail Station.

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Leaves & Roots



A World of Good

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417(The Eastern Beltway) Overpass. We're looking
forward to your visit!**