



Backpacking Light's Lightweight Camino Gear List



Function	Item	Weight
<i>Backpack</i>		
Aarn	Peak Aspiration	40-50lt 1600
	Natural Exhilaration S or L *	30-33lt 1300
Balance Pockets	Compact Bal Pockets R or S *	5/6lt 290
	Sport S or R	12lt 388
<i>Footwear</i>		
Shoes	Topo MT/Hydroventure *	400
	AKU Mio/Mia	400
	Vasque Inhaler Low GTX	804
Sandals	Luna Mono *	150
<i>Clothing</i>		
Insulation Jacket	Montane Prism Jacket *	418
Rain Jacket	Montane Minimus Mountain*	250
Rain Pant	Montane Minimus Pant*	150
Tarp/Poncho	S2S 15d Nano Poncho *	145
<i>Worn Clothes</i>		<i>grams</i>
Hat	Sunday Afternoon Hat	70
Neck Scarf	Buff Head Scarf *	20
Base Layer Top	Montane Primino Top*	97
Socks	Smartwool PhD Ultra Light Hike (x2) *	120
Undies	Exofficio Give'n'Go (x2) *	70
Pants	Montane Pack Pants *	285
<i>Recommended Gear</i>		
Sleeping Bag	Sea To Summit Traveller TR1*	Reg/Lrg 390
		100-
Walking Poles	Black Diamond Z-poles* ?	130cm 265
Headtorch	Petzl E+lite	26
Water Carriage	Platypus "Platy Plus" Bottle (x2) *	1+1lt 52
Travel Towel	Packtowl Personal *	Large 115
Tent/Shelter	Big Sky WISP	550
Wash bag	Scrubba	145
LIGHTEST ESSENTIAL TOTAL approx.		4.5kg
<i>Items included in the total(*)</i>		