



welcome to skinVacious

The skinVacious SKIN REVITALIZATION SYSTEM embraces a holistic approach to skincare. Our Skin Roller acts as a catalyst to stimulate and prepare the skin. The process of invigorating the skin allows our all natural and nutrient rich REVITALIZATION SERUM to more effectively penetrate, permeate, and nourish the skin. Our PROTECTIVE FACE OIL promotes a healthy lipid barrier, prevents dehydration, screens toxins, and acts as a base for UV protection. The entire process activates the body's natural rejuvenation qualities and organically promotes healthy, strong, radiant skin; the natural way.

get the skinny on skincare

Proper and consistent skin maintenance along with healthy lifestyle choices play integral roles in nurturing strong, thriving, radiant skin. As part of our comprehensive plan for healthier skin we are dedicated to providing helpful skincare insights, tips, and tricks; in addition to our comprehensive product instructions and information. We know how busy life can get; it's nice to receive encouragement, the odd reminder, and maybe even a little good old fashioned tough love to make sure that we are all dedicating enough time to our skin; the same skin that protects and takes care of us. And we'll be there to help our skinVacious community every step of the way. Please take the time to [register your product with us](#) and [start receiving our newsletter](#), THE SKINNY; a digital digest related to all things skincare.

Healthy skin starts today. Healthy skin begins with you :)



www.skinvacious.com/registration

SUBMIT

MODEL GUIDE

The skinVacious Personal Roller is designed for daily home use. There are two types of rollers: FACE and EYE / LIP area. The EYE / LIP Roller is a slender version to allow better access to under the eye, under brow and around the lips. Do not roll directly on the eyelids or lips. The skinVacious Professional Roller is designed for clinical use. A certified practitioner performs treatment in a clinical setting.

using the Skin Roller

We recommend performing treatments in the evening. The immediate after effects diminish within hours and will be less visible by the morning. Be sure to sanitize your roller before first use and after each use. Wash your hands and thoroughly cleanse the skin using a natural cleanser prior to rolling. Wipe the skin with 70% isopropyl alcohol to disinfect the skin.

Use gentle pressure. Let the roller do the work - the needles are sharp so undue pressure is NOT required. Roll the Skin Roller back and forth across the section being rolled. Slightly lifting the roller at the end of each stroke will prevent track marks that can take a little longer to resolve. Commence rolling from the midline of the face out both in horizontal and vertical strokes: up and out equals lifting. Work in small sections and very gently stretch the skin to create a smooth even surface.

Roll the skinVacious Skin Roller vertically and then horizontally over the entire area being treated. Roll each section 6 to 10 times in both directions. Depending on the contours of the face, this may have to be adjusted slightly and different angles utilized to cover the different areas of the face. Do NOT use skinVacious Skin Roller on lips or eyelids. When working underneath the eyes, roll slowly and outwards. Gently pull the skin down slightly so that it rests on the cheek bone.

Apply ample amounts of skinVacious skincare products immediately after each and every treatment.

Clean and sanitize your skinVacious Skin Roller. Discontinue using if you drop or bang your skinVacious Skin Roller. The needles are likely to have suffered damage. It is important not to use a damaged roller on the skin.



benefits of the Skin Roller

Improves the overall appearance of the skin | Improves the appearance of fine lines and wrinkles | Improves the appearance of skin tone, texture, strength, and radiance | Diminishes the appearance of large pores | Diminishes the appearance of sun damage | Diminishes the appearance of pigmentation | Diminishes the appearance of scarring | Diminishes the appearance of rosacea | Diminishes puffiness under the eyes | Reduces congestion and diminishes acne breakouts | Increases skincare product penetration | Stimulates healthy vibrant skin

results

The effects of skin rolling are noticeable immediately after the treatment. The skin appears fresh, vibrant and radiant looking. And the effects of this technique are cumulative in nature; continued improvement can be expected as the body becomes accustomed to the routine and replenishes skin layers more often with increased vitality. The more we activate our bodies built in biology the more effective it can be with respect to natural rejuvenation.

a note about skincare products

We highly recommend using skinVacious skincare products (serums & oils) with our skin rolling system as they are specially formulated to penetrate the skin and infuse the layers with the natural nutrients our skin requires. The rolling process increases the porosity of the skin and other products may contain chemicals not organic to the skin's natural state.

post care

The skin is more absorbent 30 minutes post treatment. Apply skinVacious skincare products immediately after the treatment. Interval use can be from 2x per week to daily use. Start slowly using it a couple times per week and build up from there.

tips and suggestions

Be patient and start slow until you and your skin becomes accustomed to using the Skin Roller. The skinVacious Skin Roller has small microneedles that will dull over time with use. We recommend replacing your roller after approximately 8-12 months depending on the size of the treatment area and frequency of use. Always use a sharp roller on your skin. Use our natural and specially formulated skinVacious skincare products to support your treatment. Use mineral makeup and natural SPF 30 sun protection.



REVITALIZATION SERUM



SKINCARE ESSENTIAL FACE OIL

ALL NATURAL INGREDIENTS



cleaning your skin roller

Place a cotton pad in the bottom of a small cup. The cotton pad is there to cushion and protect the needles from damage by direct contact with the glass.

- (a) fill with 70% alcohol so that needles are submerged
- OR
- (b) fill with water and a denture tab so that needles are submerged

Allow the Skin Roller soak for 20 minutes. Remove from solution, rinse with hot water, place in the case to dry. Once completely dry, cover with the lid and store until next treatment.



(IMPORTANT! - PLEASE READ)

contraindications

Patients with a medical condition, skin condition or taking prescription medication should consult their doctor or dermatologist prior to using this system.

Do not use if pregnant or breastfeeding | Do not use on skin cancer | Do not use if you have HIV, Hepatitis or Diabetes without medical supervision | Do not use if you have a bleeding disorder or taking anti-coagulating medication | Do not use if you are prone to keloid scarring | Do not use if you have taken Accutane within the past 12 months | Do not use if taking any medication that causes photosensitivity | Do not use on areas where topical medication is being applied | Do not use on raised moles or warts | Do not use directly on lips or eyelids | Do not use on open skin wound, broken skin, scabs, bleeding skin or blisters | Do not use on cold sores or areas prone to cold sores | Do not use on active inflamed pustular acne | Do not use on rashes, eczema or psoriasis, pustular rosacea, contagious skin infections or fungal infections | Do not use post microdermabrasion, botulinum toxin, dermal fillers, IPL, chemical peels or cosmetic surgery until inflammation from these treatments has resolved | Do not perform on sun burned skin until resolved | Discontinue use of self tanning lotion, Vitamin C, Vitamin A, AHA & BHA within 10 days of treatment | Do not share your skinVacious Skin Roller - It is for personal use only. | Do not use on children. | Discontinue using if you drop or bang your skinVacious Skin Roller - (discard the roller). The needles will most likely have suffered damage. It is important not to use a damaged roller on the skin. | Discontinue use if a prolonged irritation is experienced. | **If you experience an adverse reaction beyond what is expected, please seek medical advice.**

skinVacious.com

