# stride rite

# size guide

For the right fit, print at "100% scale" (uncheck "page scaling").

If a **credit card** fits in this box between the outlines, your print scale is **correct**.

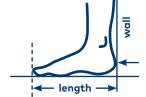
	length	width	date
left			
right			

#### what you'll need:

- scissors
- tape
- pencil
- hard floor & wall
- 1 barefoot child
- · sharp eyes
- credit card (for print scale)
- shoelace (optional)

### first: setup your space

- 1. Cut out the width ruler and set aside.
- 2. Cut the bottom of the size guide along the scissor line
- 3. Tape the size guide to a hard floor with the curved line touching a wall.



#### second: measure length

- 1. Place one foot on the length ruler, aligning heel with curved line.
- 2. Slide foot so heel is touching the wall.
- 3. Mark the first visible line past longest toe with pencil.
- 4. Record measurement in the box above.
- 5. Repeat for other foot.

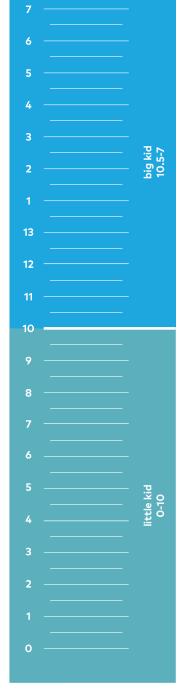
#### third: measure width'

- 1. With child standing, wrap the width ruler around the widest part, or ball, of the foot.
- 2. Mark the line that meets the arrows with a pencil. Ensure you mark the side closest to the ankle.
- 3. Determine where your child's length measurement falls within that line. For instance, if your child's length is 7:
  - If arrows align with the 7, the width is medium.
  - If arrows align with the 7, the width is wide.
  - If arrows align with the 7, the width is x-wide.
- 4. Record each foot's width in box above.

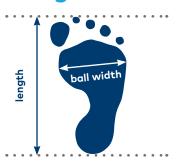
\*Width can also be determined by wrapping a shoelace around the ball of the foot and measuring it with the width ruler, beginning at the "align here" arrow line.

Note: If your child's feet are two different sizes, choose the larger one. If your child is between widths, use the wider one.

Did you know? A child's foot can grow up to a half size every three months, so be sure to re-measure every two months.



## length ruler





align here width ruler 2

(wall)